Gulf Defender

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In brief

Inspection outbrief

The operational readiness inspection outbrief is 2 p.m. Tuesday at various locations.

Tickets will be distributed to groups to fill the 325th Air Control Squadron auditorium. Other members of the wing are invited to attend the outbrief at one of three additional locations. Members of the 325th Maintenance Group and 325th Operations Group should attend the briefing at the 53rd Weapons Evaluation Group auditorium. Members of the 325th Medical Group and 325th Fighter Wing staff agencies should attend at the NCO Academy auditorium. Those assigned to the 325th Mission Support Group and 325th ACS should attend at the enlisted club. Bus transportation will be available for those with tickets to attend the outbrief at the 325th ACS auditorium. All members should be in their seats by 1:45 p.m.

Memorial service

A memorial service in honor of Airman 1st Class Julie Maloney is scheduled for 10 a.m. Tuesday at Chapel 2.

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Lisa Carroll

Mobility maneuvers

Staff Sgt. Manuel Feliciano, 325th Operations Support Squadron, reviews mobility records with Staff Sgt. April Haskins, 325th Mission Support Squadron, as he processes through the deployment processing line as part of the 325th Fighter Wing operational readiness inspection.

Air Force announces selections to major

AIR FORCE PERSONNEL CENTER — The 2003A promotion board considering captains in the Line of the Air Force, Judge Advocate General, Chaplain, Medical Service Corps, Biomedical Sciences Corps and Nurse Corps recently selected 2,215 for promotion to the rank of major.

The entire list will be posted on the Air Force Personnel Center home page, www.afpc.randolph. af.mil, after 2 p.m. today.

The boards convened May 5 and considered 3,036 officers for promotion. The results of the boards are as follows *(all numbers rounded to the nearest tenth)*:

Selection statistics for those in the promotion zone for major:

Line - 1,824 selected from 1,973 considered for a 92.4 percent select rate.

Chaplain — 16 selected from 20 considered for an 80 percent select rate.

Judge Advocate General — 73 selected from 78 considered for a 93.6 percent select rate.

Nurse Corps — 81 selected from 114 considered for a 71.1 percent select rate.

Medical Service Corps — 36 selected from 39 considered for 92.3 percent select rate.

Biomedical Sciences Corps — 112 selected from 131 considered for an 85.5 percent select rate.

For those above the promotion zone:

Line — 51 selected from 542 considered for a 9.4 percent select rate.

Chaplain — one selected from six considered for a 16.7 percent select rate.

Judge Advocate General — two selected from four considered for a 50 percent select rate.

Nurse Corps - 11 selected from 98 considered for an 11.2 percent select rate.

Medical Service Corps - two selected from 10 considered for a 20 percent select rate

Biomedical Sciences Corps — six selected from 21 considered for a 28.6 percent select rate.

There are no below the zone promotion opportunities for major.

For a complete list of Tyndall's major selects, see Page 10.

ORI gives Tyndall chance to shine

Brig. Gen. Larry New
325th Fighter Wing commander

The operational readiness inspection is almost complete. However, there may still be a few areas that will be looked at, so remain sharp. Overall, I think we've done a superb job and I want to thank all of Team Tyndall for the hard work and positive attitude you've displayed throughout the week. It was apparent folks were giving maximum effort and were out to highlight our strengths and I am confident you did. We've worked hard and I am sure the results will reflect the tremendous commitment, teamwork and effort put forth by all.

I'd also like to thank the Air Education and Training Command inspector general team for providing us a complete look at our organization and how we accomplish the mission. These types of visits make an already outstanding team even better. As I've said many times before, Tyndall is a great place and the people here are what make it great. I believe the inspectors have seen this and are impressed with your programs, professionalism and ability to accomplish the mission under challenging conditions in an ever-changing environment.

"While the inspection is nearing completion, it is not officially over. The final report and outbrief still needs to be filed. Don't lose sight of the goal and continue to shine."

Brig. Gen. Larry New
325th Fighter Wing commander

The wing performed magnificently during the exercise scenarios this past week. We took full advantage of the opportunity to showcase our role as a force provider and our crisis response skills during the major accident response exercise. There was an amazing amount of hustle as everyone demonstrated the wing's ability to pull together and tackle any contingency and challenge.

While the inspection is nearing completion, it is not officially over. The final report and outbrief still needs to be filed. Don't lose sight of the goal and continue to shine. Thanks for displaying the warrior spirit and exemplifying such tremendous pride and professionalism.

Once the inspection is complete, our attention will shift to other events taking place during the remainder of the summer. Headlining the coming events of course will be the arrival of our first

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Action Line

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers. If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the office of inspections, 283-4646. Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Larry D. New

Brig. Gen. Larry New
325th Fighter Wing commander

Are you missing any body parts? Do self-assessment

Chief Master Sgt. Joe Lavigne
2nd Bomb Wing command chief

BARKSDALE AIR FORCE BASE, La. (AFPN) — The other day I had an interesting conversation about drastically changing the Enlisted Performance Report system. Someone suggested we totally do away with the numeric-based program, and even do away with writing all the flowery bullets to make sure the form is completely filled.

Instead, the form would simply be a drawing of a stick figure. Really simple. There would be room to draw two legs, a torso, two arms and a head. If, at the end of your rating period, your rater and the rater's rater felt you portrayed the "whole person" concept, they would draw a complete stick figure, and when you became eligible, you'd be able to take your promotion tests and compete for your next stripe.

If your picture wasn't complete, you simply wouldn't test. That would save you a lot of time studying, only to become frustrated when you weren't on the promotion list.

So exactly how would your rater decide what kind of person you are? Easy. As you know, the legs provide the basis for movement. One leg would represent your technical competence. If you had completed your necessary upgrade training, had been certified on all your core tasks and had mastered your trade, that leg would be drawn.

The other leg would represent your mastery of overall Air Force knowledge. Have you completed the appropriate levels of Professional Military Education? Have you read any of the books on the Chief of Staff's or Chief Master Sergeant of the Air Force's professional reading list? Have you attended any voluntary professional development seminars? If so, that leg would also be drawn.

Let's move up to the torso. Here you'd be evaluated on how well you maintain standards. Do you look sharp in your uniform? Are you presenting a proper military image? Do you participate in a personal fitness program? Do you follow the instructions you need to safely and effectively accomplish the mission? Do you ensure your subordinates meet the standards as well?

To draw your left arm, your rater must be able to honestly say you are actively supporting your unit and the base. Are you out there helping your unit advisory council improve your squadron? Do you occasionally pitch in some off-duty time to help with your booster club's efforts? What about being an "active" member in one or more professional organizations or one of the benevolent organizations dedicated to improving the quality of life for our troops? Remember, being active doesn't simply mean paying your dues and hanging around waiting for your going-away gift when you move, separate or retire.

The right arm is simple. Are you taking part in any

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or emailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

New IG highlights services offered

When there's a military-connected problem you cannot resolve through the chain of command or you need special assistance, what do you do?

That is where Col. Armand Grassi and Chief Master Sgt. Anderson Edwards come in. The colonel, Tyndall's new inspector general, brings 24 years of experience in aircraft maintenance, logistics and personnel to the staff.

The responsibilities of Tyndall's inspector general include three major areas: the Inspector General Complaints Resolution Program, the Fraud, Waste and Abuse Program and wing readiness.

Of all the IG's areas of responsibility, the complaints resolution program is probably the most misunderstood. Any Air Force military or civilian member may file an IG complaint. Anyone, including civilians with no Air Force affiliation, may file fraud, waste and abuse disclosures. Depending on the circumstances, the IG may also accept complaints from dependents, relatives of active-duty members, retirees and their dependents. Understandably, it's always best for the actual "victim" or person who witnessed the alleged wrongdoing to file the complaint.

"The Inspector General Complaints Resolution Program augments the commander's by providing another avenue to resolve problems and improve the morale for all of our members," Colonel Grassi said.

"The IG is a disinterested, unbiased party who provides assistance in a nonattributable, nondiscriminatory environment. By federal law, there are no repercussions when you bring your requests for assistance to us," Colonel Grassi said.

The inspector general program tackles issues that cannot be resolved through the chain of command or where there is not another avenue to address the issue. "There are some requests for action that we have to refer to other agencies such as the area defense counsel, the local unions, the Office of Special Investigations and the security forces as the issues fall within their charters.

"Above all, it does no harm to bring your problem to us and if we need to refer you to another agency, we will do that," Colonel Grassi said.

How effective is the complaints program? Colonel Grassi said 100 percent of the issues are resolved. Although 100 percent complainant satisfaction is difficult, the majority are pleased with the results.

"As a general rule, we facilitate communication and provide another way to solve an issue. The chief and I have over 53 years of Air Force experience from airman basic to group commander. There are few unique problems. It is just a matter of determining how best to attack the issue," Colonel Grassi said.

When asked what was the single greatest source of problems, Chief Edwards said it is "definitely a lack of communication."

"We find in so many cases that all we need to do is open the lines of communication and the problem is resolved. If you are unable to break the communications barrier, the complaints program is here to assist you," the chief said.

Colonel Grassi can be reached at 283-4646 and Chief Edwards is available at 283-3268. Further, the IG staff is available to provide briefings to commanders, commander's calls, chief's group, first sergeant's group, Top 3, SNCO Enhancement Course, NCO Academy, Airman Leadership School, First Term Airman's Center and other forums upon request.

Got a complaint?

Try the Fraud, Waste and Abuse Hotline,

283-4646.

(Courtesy 325th Fighter Wing inspector general office)

● **From BODY Page 2**

community activities? The possibilities here are endless: youth groups, helping the aged, church groups, schools and support for community events.

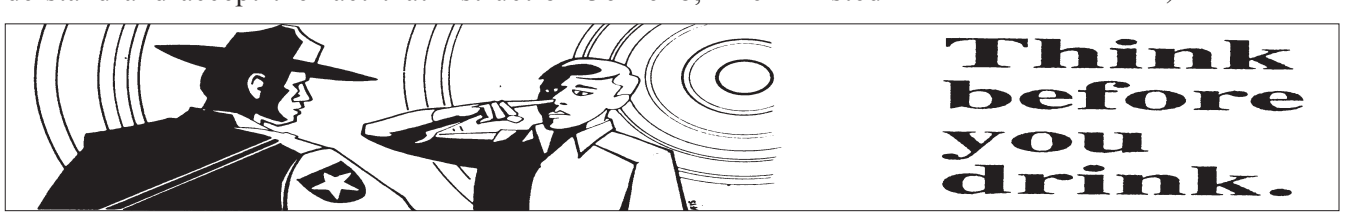
Finally, the head must be drawn to signify your pursuit of a well-rounded education. Are you taking advantage of the programs offered by the Community College of the Air Force? If you've already received that degree, are you working toward a bachelor's, or perhaps a professional certification? You need to understand and accept the fact that today's enlisted corps is becoming more and more highly educated than at any other time in the history of the Air Force. If you're not pursuing your education, you're behind your peers, plain and simple.

Will we ever adopt this form of evaluation system? You never know. If we do, will you be a complete person or will you have some missing body parts? The choice is yours.

By the way, this whole person concept isn't anything new. It's clearly outlined in Air Force Instruction 36-2618, The Enlisted Force Structure. We've been using the whole-person concept as a yardstick to measure people for years. Be it a "Stripes for Exceptional Performance" promotion, selecting annual award winners, or picking our next batch of senior and chief master sergeants, the picture needs to be complete.

Why not take a few minutes to draw a picture of yourself? Or, ask your boss to. If you find you're missing some body parts, take action now. You'll be glad you did!

(Courtesy Air Combat Command News Service)



ON THE STREET

What did you learn while on deployment?

"I learned it requires a total team effort, both overseas and back home, to fight the war."

Lt. Col. Carol Hubbard
325th Fighter Wing judge advocate

"Be prepared and expect the unexpected."

Tech. Sgt. Charlie Carr
325th Mission Support Squadron

"I learned what 'combat stress' is all about while deployed at my first location — what it is and what your body goes through while deployed in a hostile environment."

Staff Sgt. Michael Davis
325th Operations Support Squadron

Signature, split disbursement needed on vouchers

The Air Force Accounting and Finance Office has directed new procedures concerning travel vouchers in order to comply with the 2003 National Defense Authorization Act. Supervisors must sign all temporary duty travel vouchers and members must choose split disbursement for all types of travel. The Defense Travel System automatically defaults to the required actions, but hardcopy travel vouchers require some new entries.

Supervisor's signature

Effective July 15, military and civilian personnel are required to have their supervisor's signature on their TDY travel voucher in block 20C. Supervisors must validate prior to signing the voucher that it is a true depiction of the travel that took place and that the member has checked the split disbursement box located at the top of the voucher. Any travel voucher received by financial services cannot be paid until all proper signatures are in place. All TDY settlement travel vouchers missing the supervisor's signature will be returned to the member for completion.

This new supervisor's signature mandate does not alter current procedures for those who file travel vouchers through the Defense Travel System and does not apply to vouchers associated with a permanent change of station or do-it-yourself moves, travel advance or accrual payments.

Split disbursement

According to law, all Department of Defense personnel are required to split disburse a portion of their travel voucher settlement to their government travel card. The split disbursement amount must be annotated at the top of the travel voucher and must equal all unpaid balances on their government travel card. The split disbursement mandate applies not only to TDY travel, but all other types of travel.

Two exceptions to the mandatory split disbursement law include members who do not have a government travel card and members who do not have a balance on their government travel card. If the member falls under one of these exceptions, the circumstances should be annotated on the travel voucher and verified by the supervisor, prior to the supervisor signing in block 20c of the travel voucher.

For more information concerning the new requirements, call Master Sgt. Linda Howe-Young at financial services customer service, 283-4117 or e-mail 325CPTS.FMFC @tyndall.af.mil.

(Courtesy 325th Comptroller Squadron)

Protect equipment from lightning strikes

Everyone should know that lightning strikes are extremely common in the panhandle.

Electrical storms and other power interruptions and surges can damage or destroy your electrical equipment. Power surges can also be carried through television cable as well as telephone lines (i.e. modems).

To protect electrical equipment, Team Tyndall members are strongly urged to use an appropriate surge protector. Some surge protector manufacturers provide "insurance" against such damage. This is usually an alternate means of recovery that is often unutilized and unnoticed by the consumer.

Insurance is a good way to protect yourself from the financial loss of having to repair or replace an electrical item. Renters and homeowners insurance policies typically provide coverage for damage from lightning strikes and power surges. It is recommended that consumers thoroughly read the policy and ask all necessary coverage questions when the policy is being purchased.

The Personnel Claims Act serves as a means to help pay some claims under certain circumstances. It does not provide insurance coverage and is not designed to make the United States a total insurer of the personal property of claimants. Payment does not depend on tort liability or government fault. The claims act does not typically apply to lightning strikes and power surges, and it is not a substitute for insurance.

Settlement authorities only pay for the loss or damage at quarters and other authorized places if caused by fire, flood, hurricane or other unusual occurrence or by theft or vandalism. For such cases, the Personnel Claims Act only provides protection from extraordinary hazards, i.e. violent acts of nature, etc., and for the intentional torts of theft and vandalism, which might or might not have a strong service connection.

In some cases, extreme weather such as severe lightning storms, hail or high winds are a common occurrence. Damage from storms, power surges and power outages are normally not considered unusual occurrences. In such cases, damage erupting from routine storms normally goes unpaid. However, if a particular storm is of extreme intensity, or causes damage of an unexpected degree of severity, it may be considered an unusual occurrence, and thus the claim is payable.

For more information, call the legal office at 283-4681.

(Courtesy 325th Fighter Wing legal office)

BACK TO BASICS

Q. Can military members wear any style of eyeglasses or sunglasses?

A. Regulations state that eyeglasses and sunglasses will be free of ornamentation on frames and lenses (for example, name brand). They will have conservative, clear, slightly tinted, or photosensitive lenses indoors or in formation. Sunglasses with conservative lenses and frames are allowed outdoors (faddish styles and mirrored lenses are prohibited). No sunglasses are permitted while in formation. Glasses will not be worn around the neck, (i.e. with Croakies).

Back to basics is a column highlighting proper uniform wear and military customs and courtesies.

Checkertail Salute

Lisa Carroll

Sergeant Graves is awarded the Checkertail Salute Warrior of the Week award by Brig. Gen. Larry New, 325th Fighter Wing commander.

The Checkertail Clan salutes Sergeant Graves for his knowledge of F/A-22 avionics. As the most qualified technician, his knowledge was crucial during F/A-22 climatic testing at Eglin Air Force Base's McKinley Climatic Laboratory. Working 12-hour shifts, seven days a week for six weeks, he validated more than 700 avionics, electrical, environmental, mechanical and weapons tasks in extreme weather conditions.

Staff Sgt. Michael Graves

Duty title: F/A-22 avionics technician
Unit: 43rd Aircraft Maintenance Unit
Time on station: 1 year
Time in service: 8.5 years
Hometown: Whitesville, N.Y.
Hobbies: Sports, hunting, fishing and spending time with family
Goals: To have a successful career.
Favorite thing about Tyndall: Weather and the fishing
Pet peeves: People who don't like to work.
Favorite book: "The Shining"
Favorite movie: "Austin Powers"

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

Suicide prevention begins with knowledge

G.W. Pomeroy
Air Force Surgeon General public affairs

WASHINGTON (AFPN) — Suicide prevention begins with leaders at every level being knowledgeable about resources available to help those in distress. This is the message Air Force Chief of Staff Gen. John Jumper wrote to commanders July 21.

In the communiqué, titled 'Seeking Help and Suicide Prevention,' General Jumper urged commanders to encourage airmen to seek help "earlier rather than later."

"The Air Force has established a network of community and medical resources," General Jumper wrote. "These resources range from prevention services such as marital-enrichment seminars to individualized counseling."

The Air Force uses an integrated system of chaplains and professionals from mental health, family support, child and youth services, health and wellness centers and family advocacy. All of them work together and take responsibility for prevention.

"Unfortunately, many distressed airmen never seek these services," General Jumper wrote.

Of the 29 suicides among active-duty members during 2002, "only 24 percent sought help from life skills support centers in the month prior to their death," General Jumper wrote.

The general also addressed a common misconception among airmen: that getting help will damage their careers.

According to General Jumper, airmen often confuse medical-record entries with personnel-information-file entries.

> **"It is highly unlikely a voluntary mental health visit will have a negative career impact, but may in fact save one's career."**
> Gen. John Jumper
> Air Force Chief of Staff

"Please emphasize that PIF documents misbehavior, not medical or mental health visits," General Jumper wrote. "It is highly unlikely a voluntary mental health visit will have a negative career impact, but may in fact save one's career."

Statistics overwhelmingly support this fact: 97 percent of airmen who self-refer for mental-health treatment receive no negative career recommendations.

"We should encourage our people to seek help early, rather than waiting until difficulties become so severe that they impact job performance or result in administrative action," General Jumper wrote.

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Legal professionals change to JAG 'Corps'

MASTER SGT. SCOTT ELLIOTT
Air Force Print News

WASHINGTON — Air Force lawyers, paralegals and court reporters are no longer part of the Judge Advocate General's Department; they are now in the "JAG Corps."

The change is part of two secretary of the Air Force directives designed to eliminate confusion and clarify the duties and responsibilities of the JAG and the Air Force General Counsel.

The name change does not create any changes in reporting requirements, assignments or responsibilities, said Maj. Gen. Thomas Fiscus, the judge advocate of the Air Force.

The second secretarial directive shifts some responsibilities. Legislation and standards of conduct at the Air Force headquarters level move to the general counsel, while contractor bid protests move to the JAG.

"In terms of the overall Air Force, the order reaffirms the status of the GC as the chief legal officer of the Air Force, and reaffirms (the) JAG's roles with respect to the military justice system and operational matters," General Fiscus said.

According to General Fiscus, the service adopted the term "department" as a carryover from its Army roots. Later, the Army and Navy changed their JAG departments to "corps," but the Air Force kept the department title because leaders at the time felt the term corps implied too much autonomy.

"Our first JAG … did not want to become a 'corps' because he wanted JAGs to work directly for their commanders, to be close by them," General Fiscus said.

Maj. Gen. Reginald Harmon's vision proved so successful that Air Force leaders are now ready for the name change, General Fiscus said.

"We've integrated extremely closely with commanders and established that relationship indelibly," he said.

Besides reinforcing the relationship with the general counsel's office, General Fiscus said the secretary's directives bring JAG more in line with the public's conception of the military legal profession.

"In some ways, we have a more readily identifiable identity because of the TV show 'JAG,'" he said. "If you had asked the average person in the Air Force what JAGs were referred to as, they'd automatically say 'the JAG Corps.'"

General Fiscus said the transition from department to corps would be an easy one for the legal community.

"We're talking about a community of people who provide legal services to the Air Force and the commanders they serve," he said. "The name doesn't make as much a difference as the spirit that stands behind that community. That community is a strong one."

The newly minted JAG Corps faces a future of growing responsibility, General Fiscus said.

"The future is really bright for judge advocates and all members of the JAG Corps," he said. "JAGs are heavily operational, working side-by-side with commanders in air operations centers. That's going to continue (because) commanders increasingly value things the JAG Corps brings to the table."

● FROM INSPECTION PAGE 2

F/A-22. I know you are all as eager as I am to see it arrive as you have worked hard over the past few years preparing our people, programs and facilities for its arrival. As we get closer to receiving the aircraft, it is exciting to know we'll be part of a new chapter in Tyndall's rich heritage—ushering in a new era in air dominance.

During the next few weeks, others will have the opportunity to make their mark on Team Tyndall, as we'll see quite a few change of command ceremonies. Please take the time to bid farewell to the warriors departing us and welcome new commanders to the team.

Again, thanks for all of your hard work this past week. You made Tyndall shine. I am confident the inspectors liked what they saw and in my eyes, you were simply outstanding.We've raised the bar for Team Tyndall—let's continue to set the standard and build toward an even better future. Be safe and have a great weekend!

Next BRAC actions will reflect changing times

GERRY GILMORE
American Forces Press Service

WASHINGTON – There were 97 major base closures and 55 major realignments during previous base realignment and closure actions in 1988, 1991, 1993 and 1995, according to Department of Defense documents.

Besides cutting redundant infrastructure, those BRACS resulted in a net savings of $16 billion through fiscal 2001, according to DOD figures, and annually recurring savings of $6 billion beyond then.

However, almost a decade has passed since the last BRAC was conducted, Raymond DuBois, deputy undersecretary of defense for installations and environment, noted during a July 10 Pentagon interview. Congress authorized the DOD to execute a new BRAC round in 2005.

Much has changed since 1995, Mr. DuBois emphasized, pointing to today's war against global terrorism.

"A great deal has changed in the last 10 years that ought to lead any thinking person to the conclusion that … (another BRAC) is a good thing to do," he said.

The next BRAC will affect stateside and U.S. territory bases. The DOD, he added, is also looking at its global military force structure to see if it meets today's national security needs.

Lessons learned from Sept. 11 and the ensuing war on terrorism, Mr. DuBois noted, suggest that adjustments should also be conducted with forces stationed overseas.

In addition to trimming excess real estate that is costly to maintain, he explained, another BRAC would assist the DOD to become more "joint."

"We ought to look at how all four services can utilize a reconfigured footprint to better support the warfighting plans of the combatant commanders," Mr. DuBois said.

Although not addressed in the 2005 BRAC, it's well known, Mr. DuBois pointed out, that "there are (overseas) places where we have a concentration of troops basically as a legacy from the Cold War — as a legacy of the post-World War II situation between the Warsaw Pact and NATO."

The Cold War "has gone away," he asserted. Consequently, he pointed out, there is no longer a need for having 70,000 U.S. troops based in Germany. In fact, Mr. DuBois noted that U.S. combatant commanders are slated to meet soon to study today's worldwide basing and warfighting needs.

The 2005 BRAC, Mr. DuBois noted, will reconfigure stateside military infrastructure to meet the realities of the 21st century. Some installations, he explained, will gain assets while others will be closed.

"The secretary of defense, the chairman of the Joint Chiefs (of Staff) and the combatant commanders have learned that our force structure is not necessarily positioned in the right place," Mr. DuBois pointed out, to carry out U.S. military deployment and warfighting plans in the most efficient way.

Another potential result derived from another round of base realignments and closures, Mr. DuBois noted, is fewer duty station moves: Remaining military installations would be in advantageous locations related to their military missions.

If servicemembers move less from station to station during their careers, then "I think that has a positive impact on quality of life," Mr. DuBois said.

Basically, the war against global terrorism has caused the DOD to rethink "what opportunities should we have for basing, for deployment, for supply lines – globally," Mr. DuBois concluded.

● From SUICIDE Page 7

Suicide rates in the Air Force have declined throughout the last six years. From 1991 to 1996, the active-duty suicide rate was 14.1 per 100,000. From 1997 — the year in which the suicide prevention program was fully implemented — through 2002, the annual average was 9.1 per 100,000. The service's suicide rate in 2002 was 8.3 per 100,000 people — its second lowest in 20 years.

As of July 21, there had been 19 suicides among active-duty airmen this year — a rate of 9.3 per 100,000. No suicides were among active-duty airmen deployed in Operation Iraqi Freedom.

Despite these positive trends, General Jumper emphasized that too many airmen still choose to take their own lives.

"These individuals often struggle with relationship problems, financial or legal difficulties, and/or substance abuse. Although these stressors may seem overwhelming, there are alternative ways to cope," General Jumper said.

The Air Force's community approach to suicide prevention and education has received national recognition, including praise in May 2001 from the then-U.S. surgeon general. Dr. David Satcher said the program was a model for the nation and incorporated it into the National Suicide Prevention Strategy.

Every member of Team Tyndall is valuable. Play it safe, don't become a statistic.

CMSAF: Airmen want good leaders

ROBINS AIR FORCE BASE, Ga. (AFPN) — Leadership, quality-of-life issues, retention and stop-loss were subjects discussed by the chief master sergeant of the Air Force during a visit recently.

Chief Master Sgt. of the Air Force Gerald Murray asked airmen to tell him what they saw as positive and negative aspects of service today. One of the things that continually came up was that they took great pride in deploying, even in the face of increased work loads.

"We value our service. We value what we do. We know the American people value what we do, but we know also that it comes with sacrifices and strain," the chief said.

"The thing that they constantly brought up as one of the greatest stressors of service today is the long work hours and the time away from family," he said. "I find the same concern across the Air Force today."

With all of the Air Force's needs, Chief Murray said he still finds that people "just want to be treated fairly, to have people who will care about them and to have supervisors who are being good role models for their people."

Also, Chief Murray said quality-of-life initiatives are always an important element in leaders' decisions and a key to maintaining the force's morale and readiness.

"We've had some tremendous successes in the past few years in the way of our pay, benefits and compensation, and we look for that to continue," he said. "We will continue to fund, at least this year, 100 percent tuition assistance for (airmen) to be able to go to school in their off-duty time. Add to that, we will see in 2004 another targeted pay raise that will range from 2 percent for our airman (basics) up to 6.25 percent for some of our senior (noncommissioned officers)."

Another success story is in housing, Chief Murray said. Air Force leaders have increased square-footage allowances as well as supported military construction and privatization efforts to build new housing and improve family housing.

> **"We will continue to fund, at least this year, 100 percent tuition assistance for (airmen) to be able to go to school in their off-duty time. Add to that, we will see in 2004 another targeted pay raise ..."**
>
> **Chief Master Sgt. Gerald Murray**
> Chief Master Sergeant of the Air Force

"We've initiated a new standard for dormitories called 'dorms-four-airmen,' which is a cluster of four rooms around a common living area that will provide more square footage for our airmen," he said. "Each will have a single bedroom, walk-in closets and bathrooms around a common area that gives them a full kitchen area."

Retention and bonuses are other focus areas for Air Force leaders, Chief Murray said.

"Each career field has its own stressors that contribute to the reasons for selective re-enlistment bonuses for those career fields," he said. "We are constantly evaluating those reasons. They range from competition in the civilian sector to the demands of service.

"People make decisions to separate or do something else based on the stresses of the job and their families. So we constantly assess that," he said.

Re-enlistment bonuses are based on more than just retention numbers, Chief Murray said. In fact, the Air Force retention rate this year is the highest in the last five years, and much of that is not attributed to bonuses.

"What we've seen on (bonuses) this year is one of the most significant in years; 100 of our Air Force specialty codes were decreased or dropped off the … list; 40 were increased," he said. "We evaluate this twice a year to make sure we are keeping a fresh, consistent look at our Air Force career fields."

Chief Murray also addressed stop-loss in light of Operation Iraqi Freedom winding down and people returning to their normal retirement and separation plans.

"We are working to balance the force. That is one of our main initiatives right now to identify our combat requirements and our expeditionary requirements," he said. "We are moving authorizations from less-(stressed) career fields into higher-(demand) career fields. That was part of the initiative of our retraining efforts in balancing the force."

But despite some misconceptions, he said stop-loss is not exactly tied to the balance of the force or steady-state requirements.

"Stop-loss is set for specifics of the operations that we're in," the chief said. "We may be balanced and may have the right amount of people in a steady state of our force. But, depending on what the requirements are in a conflict or an operation, we may need to hold specific individuals or people in Air Force specialty codes to be able to do that. Stop-loss will always be looked at and evaluated from an operational standpoint."

(Courtesy of Air Force Materiel Command News Service)

Services readiness takes Air Force award

STEVE RIDDLE
325th Services Squadron marketing

Last year, the 325th Services Squadron readiness section deployed 75 percent of their squadron's military members to Pakistan.

Now, they are going to have to deploy themselves to Ohio's Wright - Patterson Air Force Base, Ohio, Aug. 28, so they can accept the Air Force Readiness Program of the Year award for 2002.

According to a message sent from Air Force Chief of Staff Gen. John Jumper, the award recognizes "those demonstrating the best leadership, management, customer focus and operational results during the past year."

The operational results were many because the operational tempo was increased due in part to Operation Enduring Freedom.

"We deployed 75 percent of our personnel in support of Operation Enduring Freedom," said 2nd Lt. Craig McMahon, 325th Services Squadron food services officer in charge. Lieutenant McMahon was the OIC of readiness during 2002. He said the squadron was the most forward deployed services squadron ever.

Two teams deployed at separate times for the operation. The first arrived in early November 2001 and stayed for approximately 150 days. The second team left early June 2002, and stayed approximately 90 days.

The readiness section also supported the 1st Air Force during Operation Enduring Freedom. About 450 personnel were deployed here to augment the 1st AF. The readiness section activated their unit control center, which acts as an operations center for all facilities and agencies that work for the services squadron.

Since 1st AF Continental U.S. NORAD Region was on a 24-hour alert, the highly increased operations tempo meant that food had to be brought to them. Also, lodging was an issue that had to be solved quickly. Both of these problems were handled by the UCC.

Lieutenant McMahon said the readiness section's UCC also coordinated security flights around the base with the aero club and security forces. They also had the outdoor recreation office provide additional boats to patrol the waters off Tyndall.

"All of that was coordinated through the UCC," Lieutenant McMahon said.

The UCC is also activated for different exercises throughout the year, and has been activated this week for the operational readiness inspection. However, even the UCC couldn't reach the base in Pakistan, where three-quarters of the squadron eventually found themselves.

According to Lieutenant McMahon, the base was "bare." Staff Sgt. James Breeden, who was the NCO in charge of readiness in 2002, was with the first group from Tyndall to land in Pakistan, and seemed to quickly make a lot of new friends.

"When we arrived, there were Marines that had been there for 32 days eating nothing but (meals-ready-to-eat) MREs," Sergeant Breeden recalled. "We brought hot food, which is something they hadn't seen in over a month. They were more than ecstatic."

Sergeant Breeden and his fellow airmen had only two tilt grills to cook Unitized Group Rations, or UGRs. Unitized Group Rations hold between 12 and 18 servings. According to Sergeant Breeden, the team was feeding more than 800 personnel from the first day they arrived.

But the readiness section expects the people they train to do more than just serve hot meals. Sergeant Breeden said readiness training provided a list of taskings that was properly followed during the deployment.

"You have a timeline," he explained. "You have so many days to provide hot meals, so many days to set up a fitness center. It gives you a basic knowledge of how to set up different functions."

He said they were able to do it because of the training readiness provided.

"All the training, all the preparation in peacetime allows us to do that job when we get there," he said. "If you don't train, once you get over there you're not going to know what you're doing."

But setting up grills and tents are just a small part of what readiness provides for their personnel. According to Lieutenant McMahon, the section ensures everyone is certified with any required combat environment training. They also make sure they are outfitted with desert camouflage uniforms, if needed.

"Our basic function is to prepare our services personnel," Lieutenant McMahon said. "In a nutshell, we get our folks ready to go fight a war."

Part of getting personnel combat-ready includes taking care of out-processing requirements from the legal office, family support center and the finance office, just to name a few.

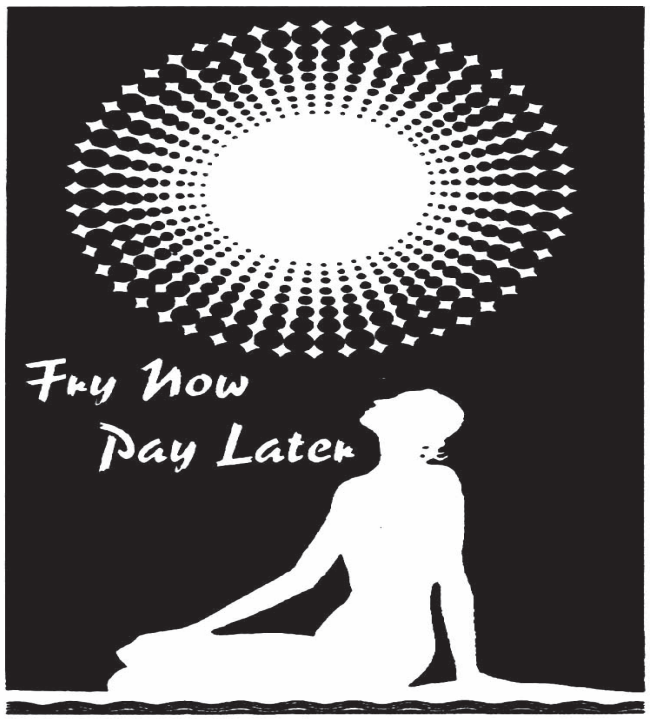
"We have to make sure they have their M-16 training and chemical warfare training up to date," Sergeant Breeden said. "We also look to see if their self aid and buddy care (first aid) training is complete."

With all these responsibilities and the many more the readiness section has, they are a busy office even without military operations. Today, the readiness section is still carrying a heavy workload.

"Already this year, we've had 50 percent of our people deployed," Lieutenant McMahon said. "The readiness section hasn't skipped a beat as far as ops tempo goes. It's the same as last year."

Tyndall major selects

Brian Armstrong, Pensacola
Brian Bergeron, 325th Operations Support Squadron
Connor Blackwood, 1st Fighter Squadron
James Chrisley, Air Force Civil Engineer Support Agency
Charles Dennison, 325th Air Control Squadron
David Eaglin, 325th OSS
Shiloh Fischer, 28th Test Squadron
Nicola Gismondi, 325th OSS
Taran Hickie, Pensacola
John Howard, 83rd Fighter Weapons Squadron
Gregg Jones, Pensacola
Song Kagan, 28th TS
Judy Manno, 325th Aeromedical-Dental Squadron
Allen Martin, 325th Contracting Squadron
Sean McLay, 2nd Fighter Squadron
Robert McMurry, 2nd FS
David Mineau, 1st FS
Jason Patla, 325th OSS
Mark Postema, 325th OSS
Christopher Quimby, 325th Operations Group
Christopher Sage, Pensacola
Gregory Scougall, AFCESA
John Silverman, 325th Mission Support Squadron
Michael Spanich III, 1st FS
James Tanner, 325th Medical Operations Squadron
Ricky Thomas, Pensacola
Bruce Towers, 325th MDOS



Pilot describes Baghdad crash

JIM GARAMONE
American Forces Press Service

WASHINGTON (AFPN) — Maj. Jim Ewald had just finished a close-air support mission over Baghdad when his A-10 Thunderbolt II was hit by an Iraqi surface-to-air missile April 8. It physically moved the plane "like the hand of God," Major Ewald said during a Pentagon interview July 16.

Major Ewald is a pilot with the 110th Fighter Wing out of Battle Creek, Mich.

The missile came up from the southwest, and Major Ewald said he never saw it. But he had no doubt a missile had hit him.

"I could see a reddish glow on my cockpit instruments from the fire behind me," he said. His second thought was that he had not been wounded.

It was then that the airplane "departed from controlled flight," he said.

"That's just the way we say, 'I was trying to fly the airplane one way, but the airplane was off doing its own thing,'" the Michigan guardsman said.

Major Ewald was soon able to regain control.

"I was very fortunate to be flying this mission in an A-10, because had I not, I would have bailed out right there," he said. "My next thought was 'I don't want to bail out right over Baghdad or I'm going to be in it deep.'"

He and his wingman headed out of Baghdad and sought American lines.

"It was physically hard (to fly the plane)," Major Ewald said. "I was manipulating everything with all the muscles in my body. I had flight-control problems. I had engine problems. I had fuel-flow problems. I had hydraulic problems … not to mention that I had an airplane that was disintegrating. I looked back once, and I could see little parts falling off the engine, and I thought, 'I really don't know what that is, but I think I need it.'"

As he continued south, he lost one of the engines completely, and he ejected.

"The ejection seat was packed by one of my new best friends out of Boise, Idaho, and it worked perfectly," Major Ewald said.

After he hit the ground, he mistook the A-10's 30 mm rounds exploding in the burning airplane for incoming Iraqi fire. He ran to hide in a dried canal behind some reeds. He heard engine noise and hoped that the vehicle was American.

"I knew the 3rd Infantry Division had been in the area, but I didn't know if it was still there," Major Ewald said.

There were Fedayeen Saddam paramilitary forces still running around, he said, and he could not see very well.

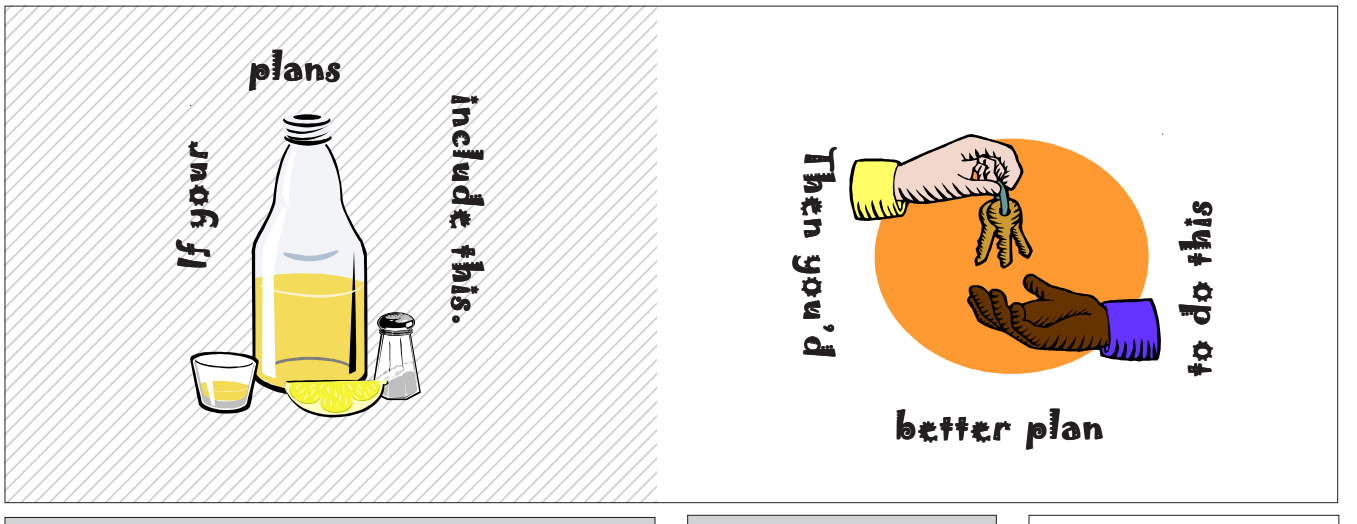
"I heard one yell in English, but I thought maybe this guy went to language school," Major Ewald said. "Then I heard another voice yell in English, 'Hey, pilot dude. Come out. We're Americans.'"

There was no mistaking the accent, he said.

"He sounded like your typical 19-year-old American," Major Ewald said. "I thought, 'That's something you don't learn in language school.'"

The soldiers were from the Army's 54th Engineer Battalion, and they had seen Major Ewald eject. They arrived some 10 to 15 minutes after he hit the ground, he said.

Major Ewald went back to the 110th FW and was back in the cockpit within 48 hours.



Help Us Conserve
YOU HAVE the POWER

Your link to what's going on Gulf Guide in the Tyndall community

JULY

SAT 26

Commissary contest

DeCA's fourth annual produce merchandising contest, "Operation – Color Your Way to Health," will be Saturday in the Tyndall Commissary. Kids' prizes will be awarded to winners of the 10 a.m.-2 p.m. coloring contest and the "Mr. Potato Head" coloring contest, scheduled for 11 a.m.-noon. Prizes will also be awarded for guessing the number of pistachios in a jar. Free soft drinks will be available 10 a.m.-1 p.m.; free sundaes from noon-2 p.m.; and a clown will entertain from 10 a.m.-2 p.m.

TUE 29

Bible study group

The Protestant Women of the Chapel's Bible study group meets 6:30 p.m. every Tuesday in the Chapel 2 Annex. Watchcare is available on an as-needed basis. For more information, call the base chapel, 283-2925.

Children's weight class

The health and wellness center's sensible weight class for children meets 3:30-4:30 p.m. every Tuesday in Room 111. For more information, call the health and wellness center, 283-3826.

WED 30

Palace Chase briefing

Palace Chase briefings for first-term airmen with half of their enlistment completed, officers with at least half of their active duty service commitment completed, or career airmen who are interested in separating early in exchange for an Air Force Reserve assignment will be 2 p.m. every Wednesday in Room 222 of Building 662. For more information, call Master Sgt. Brian Zinner, 283-8384.

Stress-management class

The last meeting of family advocacy's three-session stress-management class will be 1-2:30 p.m. Wednesday in Room 127 in Building 1305. For more information, call family advocacy, 283-7511.

Protestant youth group

The Tyndall Chapel's Protestant Youth Group meets 6-8 p.m. Wednesdays in the spiritual fitness center. For more information, call the Chapel 2 office, 283-2925.

THU 31

Senior NCO induction ceremony

Tyndall Air Force Base's Sixth Annual Senior NCO Induction Ceremony will be Thursday in the Pelican Reef Enlisted Club. A 6 p.m. social will be followed by dinner at 7 p.m. The cost for the prime rib or baked grouper dinner is $18.50 for club members and $21.50 for non-members.

NOTES

Airman's Attic donation drive

The Airman's Attic is conducting a donation drive for new and used household items. There will be a collection point set up from 10 a.m.-4 p.m. Aug. 1 at the Tyndall Chapel 2 fellowship hall. All items donated will be available for any E4 and below and their families. For more information, call Mike Stephens, 286-8061.

Legal services

Powers of Attorney and notaries are accomplished from 7:30 a.m. - 4:30 p.m. Monday, Wednesday and Friday and from 8:30 a.m. - 4:30 p.m. Tuesdays and Thursdays.

POAs may be used for almost any situation. These documents give power to a person you designate to do something in your name. The 325th Fighter Wing legal office provides General and Special POAs. General POAs give your designee full power to do basically anything in your name, while specials are for a specific purpose.

For more information, call 283-4681.

Blue tie affair

"Crossing into a Blue Tie Affair," a celebration of the Air Force's 56th birthday will be 6 p.m. Sept. 20 at the Edgewater Beach Resort. The cost is $25 per ticket.

Estate claims

Anyone having claims against, or indebtedness to, the estate of Airman 1st Class Julie Maloney should contact 1st Lt. William Vernon, Summary Court Officer, 283-4681.

Basketball try-outs

Try-outs and practice for the Tyndall Tigers Men's Varsity Basketball team, the defending champions of the Southeastern Military Athletic Conference, will begin 6:30 p.m. Aug. 18 at the fitness center. Try-outs are open to all active-duty military members. For more information, call the fitness center, 283-2631.

Active-duty sick call hours

The family practice clinic offers a walk-in clinic for active-duty members from 7:15-7:45 a.m. and 1-1:30 p.m. Monday through Friday. The active-duty sick call is designed to provide care to active-duty members with acute illnesses that would potentially inhibit that day's duty performance. Individuals must be in uniform. For more information, call Maj. Deborah Gray, 283-7667.

Area defense counsel office

The area defense counsel office has moved to a new location in Building 1287 next to the Tyndall Education Center. The telephone number, 283-2911, is unchanged.

AEF scholarship

The Aerospace Education Foundation will award the $1,000 Capt. Jodi Callahan Memorial scholarship to an active full time Guard or Reserve (officer or enlisted) member who is pursuing a master's degree in a non-technical field. The deadline for application is Thursday. The three-page application is available on the AEF Web site at www.aef.org. For more information, call Jancy Bell, (800) 727-3337 extension 5801 or e-mail AEFstaff@aef.org.

School and sports physicals

School and sports physicals will be offered by the 325th Medical Group 8 a.m.-noon and 1-5 p.m. Aug. 7, 14 and 21 at the pediatric clinic. To make an appointment, call central appointments, 238-2778.

RETIREE NEWS

TRICARE telephone numbers and Web sites

TRICARE: Gulf South (4) and Southeast (3) Regions: (800) 444-5445 or www.tricare.osd.mil

TRICARE For Life: (888) 363-5433 or www.tricare.osd.mil/tfl

TRICARE mail order pharmacy: (866) 363-2273 or www.tricare.osd.mil/tmop

Express Scripts: (866) 363-8667 or www.express-scripts.com

Retiree Dental Plan: (888) 838-8737 or www.ddpdelta.org

Health Insurance Portability and Accountability Act: (888) 363-4472 or www.tricare.osd.mil/hipaa

DEERS eligibility: (800) 538-9552 or www.tricare.osd.mil/deers

YARD SALES

The following yard sales are scheduled for Saturday: 3537 Andrews Loop, 3160-B Tiger Street and 2867-B Sabre Drive. All yard sales are held between 8 a.m.-4 p.m.

CHAPEL SCHEDULE

The following Catholic services will be held at Chapel 2: Daily Mass, 11:30 a.m. Monday-Friday; Reconciliation, after Saturday Mass or by appointment; Saturday Mass, 5 p.m.; Sunday Mass, 9:30 a.m.; religious education, 11 a.m. Sunday. Protestant services will be as follows: Communion service, 9:30 a.m., Chapel 1; religious education classes, 9:30-10:30 a.m. in Building 1476; general Protestant service, 11 a.m., Chapel 2.

Force structure changes affect AETC units

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — The Air Force announced its annual force structure changes July 23 that affect 23 Air Education and Training Command locations.

The actions to increase or decrease duty authorizations address the president's fiscal year 2004 budget for force structure, realignment and management actions required to achieve efficiencies, modernize or make organizational changes, according to a message from the office of the secretary of the Air Force.

Listed by state, below are the locations and positions affected in AETC.

Alabama

Maxwell AFB — Air University loses 177 military and 52 civilian positions as a result of workforce shaping. Officer Training School loses 20 officer instructor positions as a result of the realignment of officer accession quotas to the Air Force ROTC program. ROTC increases six civilian positions for administration of a new summer intern program. Air University gains one civilian position for increased workload associated with growth in the Air Force's graduate education program and one military position for implementation of an additional squadron commander's course. The Air Force Recruiting Service loses one civilian position as a result of workforce shaping.

Fort Rucker — As a result of a lead command change, the 23rd Flying Training Squadron loses four military positions associated with the C-12 standardization and evaluation mission.

Arizona

Luke AFB — The 56th Fighter Wing loses 75 military and 49 civilian authorizations as a result of workforce shaping. The 56th Logistics Readiness Squadron loses 12 military positions as a result of the Air Force-wide pick-up and delivery realignment from the supply squadron to the transportation squadron.

Arkansas

Little Rock AFB — The 314th Airlift Wing gains 42 military and five civilian positions as a result of the programmed replacement of C-130E aircraft with C-130J aircraft. The 314th AW loses 60 military and 29 civilian authorizations and the Air Force Recruiting Service loses one military and one civilian as a result of workforce shaping. The 314th Logistics Readiness Squadron loses five military positions as a result of Air Force-wide pick-up and delivery function reengineering.

California

Edwards AFB — The detachment of the Studies and Analysis Squadron loses eight military authorizations due to workforce reshaping.

Port Hueneme — The 345th Training Squadron loses one military and two civilian authorizations as a result of workforce shaping.

Vandenberg AFB — The 381st Training Group loses nine military and four civilian authorizations as a result of workforce shaping.

Florida

Tyndall AFB — The 325th Fighter Wing gains 216 military positions as a result of the arrival of 14 F/A-22 aircraft. The 325th FW loses 70 military and 38 civilian authorizations and the NCO academy loses one military authorization as a result of workforce shaping.

Georgia

Moody AFB — The 3rd Flying Training Squadron gains two military positions for increased flying training workload. The 479th Flying Training Group loses three military and one civilian as a result of workforce shaping.

Mississippi

Columbus AFB — The 14th Flying Training Wing loses one T-37B aircraft. The 14th FTW gains seven military and loses 23 civilian authorizations as a result of workforce shaping. The 14th Operations Support Squadron gains one military position as a result of weather function reengineering. The 14th Medical Group gains 14 military and loses seven civilian authorizations from medical annual planning and programming guidance adjustments.

Keesler AFB — The 81st Training Wing loses 33 military and 97 civilian authorizations and the NCO academy loses one military authorization as a result of workforce shaping.

New Mexico

Kirtland AFB — The 58th Special Operations Wing gains 37 military positions to support increases in combat search and rescue and loses eight military and four civilian authorizations as a result of workforce shaping.

Ohio

Wright-Patterson AFB — The Air Force Institute of Technology gains 15 military and 73 civilian positions for increases to the Air Force in-resident graduate education program and loses two military and four civilian authorizations as a result of workforce shaping. The 338th Recruiting Squadron loses one military and one civilian authorization as a result of workforce shaping.

Oklahoma

Altus AFB — The 97th Air Mobility Wing gains 16 civilian positions for increases in the KC-135 inspection program. The 97th AMW loses 39 military and 32 civilian authorizations as a result of workforce shaping. The 97th Logistics Readiness Squadron loses four military positions as a result of Air Force-wide pick-up and delivery function reengineering. The 58th Airlift Squadron gains two military positions for increases in flying training workload.

Vance AFB — The 71st Operations Support Squadron gains one military position as a result of weather function reengineering. The 71st Flying Training Wing loses five military positions for reduced flying training workload and six military and eight civilian authorizations as a result of workforce shaping. The 71st Medical Group gains 14 military authorizations from medical annual planning and programming guidance adjustments.

Texas

Fort Sam Houston — Detachment 1 of the 381st Training Squadron gains two military authorizations from medical annual planning and programming guidance adjustments.

Goodfellow AFB — The 17th Training Wing loses 14 military and 30 civilian authorizations as a result of workforce shaping.

Lackland AFB — The 59th Medical Wing gains five military and one civilian authorization from medical annual planning and programming guidance adjustments. The 37th Training Wing loses 28 military and 62 civilian authorizations, the Defense Language Institute loses nine military and 20 civilian authorizations, and the Inter-American Armed Forces Academy loses 28 military and five civilian authorizations as a result of workforce shaping.

Laughlin AFB — The 47th Flying Training Wing loses 44 T-37B aircraft and gains 37 T-6A aircraft resulting in a loss of 16 civilian positions. The airfield operations program realignment to Moody AFB, Ga. results in a loss of 12 military permanent party students in the 47th Operations Support Squadron. The 47th OSS gains one military position as a result of Weather Function Reengineering. The 47th FTW loses eight military and 20 civilian authorizations as a result of workforce reshaping. The 47th Medical Group loses one military and two civilian authorizations from medical annual planning and programming guidance adjustments.

Randolph AFB — Headquarters Air Education and Training Command loses 116 military and four civilian authorizations as a result of management headquarters reductions. AETC field operating agencies lose eight military and 18 civilian authorizations as a result of workforce shaping. The 12th Flying Training Wing loses 10 T-37B aircraft. The 12th FTW loses eight military and 25 civilian authorizations and 19th Air Force loses one military authorization as a result of workforce shaping. The Air Force Recruiting Service loses 18 military and eight civilian authorizations as a result of workforce shaping. As a result of flying training workload adjustments, the 12th FTW gains 11 military positions. The 12th Civil Engineer Squadron gains seven civilian firefighters for T-6 aircraft beddown. The 12th Comptroller Squadron gains eight civilian positions to support increases in the Air Force centrally managed TDY-to-school funds. The 12th Medical Group gains seven military and loses six civilian authorizations from medical annual planning and programming guidance adjustments.

Sheppard AFB — The 80th Flying Training Wing loses two military and one civilian authorization, and the 82nd Training Wing loses 62 military and 75 civilian authorizations as a result of workforce shaping.

Utah

Hill AFB — The 367th Training Support Squadron loses four military, the 372nd Recruiting Group loses two military and the 368th Recruiting Squadron loses one civilian authorization due to workforce reshaping.

Washington

Fairchild AFB — The 336th Training Group gains two civilians for the Environmental Familiarization Lab.

Funshine NEWS

July 25, 2003 325th Services Website: www.325thservices.com

Officers' Club

All Ranks Lunch

Mon.-Thurs.: $6.95 ■ Friday: $7.95
11 a.m.-1 p.m.
Unlimited access to the daily buffet, salad bar, fountain soda, tea & coffee!
Includes Fresh Hot Carved Meat Sandwiches on Kaiser Roll

Monday	Chef's Choice
Tuesday	Italian
Wednesday	Oriental
Thursday	All American
Friday	Seafood

*Members, show your club card to receive a $1 discount!

On Base Food Delivery

■ **Lunch Menu:** Mon.-Fri. 11 a.m.-1 p.m.
Limited to office deliveries (i.e. squadron addresses)
■ **Evening Menu:** Fri. & Sat. 5:30-9 p.m.

Subs & Pizzas
286-2900

All Member Services

are provided at the Officers' Club Business Office
9 a.m.-3 p.m., Mon. - Fri.

- Membership Inquiries
- Account Maintenance
- Club Card Payments
- Birthday Voucher
- Monthly Advantage Coupon Books
- Catering Arrangements
- Transfers
- Sign-ups
- Check Cashing

283-4357 UNITED STATES AIR FORCE CLUBS

Tyndall's **Seafood Extravaganza** *All Ranks*

At the O' Club
Friday, August 8
5:30-8:30 p.m.

Snow Crab Station, Peel & Eat Shrimp Station, Oysters on the 1/2 Shell Station, Beef Carving Station, a Variety of Prepared Fish, Breaded Shrimp, Scallops, Seafood Newberg, Clam Chowder, Mashed Potatoes w/ Gravy, Steamed Rice, Hush Puppies, Vegetables, Assorted Desserts, Tea, Water, Coffee

Market Price: $18.95*
Children ages 6-11: $9.95*
5 & Under: $4.95*
***Members First!**
Show your club card to receive a $3 discount.

Raptor Lanes Bowling Center

Fast Lanes

May 22 - Aug. 14

Purchase a large fountain drink and receive a game piece. Participants may win instant prizes. Participants who fill out the attached entry form are also entered to win the NASCAR racing hood replica on display at the bowling center, and could win the grand prize NASCAR VIP trip. Sponsored in part by Coca-Cola. No federal endorsement of sponsor intended.

283-2380

Family Child Care

✆ 283-2266

License Requirement

The Air Force requires persons caring for children of other families more than ten hours be licensed. Call for more information.

Child Care Spaces

Spaces are available in Family Child Care homes for full time and part time care. Providers also have space for persons making PCS moves and volunteering in base agencies. Call the FCC office for additional information.

Tyndall Youth Center

Back to School

Block Party

August 1, 6-9 p.m.

Bring the whole family and enjoy hamburgers and hot dogs with us. Families from even numbered homes are asked to bring vegetables or salads. Families from odd numbered homes are asked to bring desserts. Drawings for back to school door prizes will be held for students K-12. DJ Clyde Rolfe will be playing your favorite tunes while you enjoy a variety of fun filled activities. Sponsored in part by Runnin' Wild Entertainment, AAFES, & First Command Financial Planning. No federal endorsement of sponsors intended.

Call 283-4366 for more information.

All Ranks

Barber Shop

286-4111

Hours:
Mon. - Fri.: 8 a.m.-4 p.m.
Wed.: 10 a.m.-4 p.m.,

Now with two barbers! Stop by and welcome Michele to the barber shop.

■ Men's Haircut: $5.75
■ Ladies' Haircut: $6.75
Hot Lather Neck Shave
Free with haircut!

Members receive $1.25 discount. Walk-ins welcome.

Information, Tickets & Tours

✆ 283-2499

Seaside, Florida

July 30, shop or sunbathe. Cost per person is $5 and deadline for signup is July 25. Trip departs at 9 a.m. and returns at 2 p.m.

Mobile Alabama Trip

August 2. See the battleship museum in Mobile Bay, and much more. Trip departs at 6:30 a.m. and returns at 8 p.m. Cost per person is $20 which includes transportation. Ticket to attractions must be purchased separately by the individual. Sign up deadline is July 25 at 4 p.m.

Youth Center

✆ 283-4366

Start Smart

Is your 3-5 yr. old ready for sports? Sign up for Start Smart and work one-on-one with your child developing basic skills. Program runs Aug. 9, 16, 23, 30 at 9 a.m. Cost is $30. Call Andy at 283-4366.

Before and After School Care Registration

Actual registration for the upcoming 2003-04 school year will be the week of 7-11 July. Fees for the program are based on total family income and a $50 non-refundable fee is due at time of package pick up. Applications are taken on a first come, first serve basis.

Bonita Bay

✆ 283-3199

Guard Start

Junior Lifeguarding classes for ages 11-15 yrs. will be offered at the swim center July 28- Aug. 1. Students will build a foundation of knowledge, attitudes and skills needed to become responsible lifeguards. Space is limited so please call and make reservations as soon as possible.

SPORTS PAGE

PIZZA PUB & GRILL

Pizza Pub 283-3222
Lunch Mon.-Fri.: 11 a.m.-1 p.m.
Evening Mon.-Fri.: 5 p.m.-8 p.m.
Snack Bar 283-2814
Monday-Friday: 6:30 a.m.-5 p.m.
Saturday: 1 p.m.-5 p.m.

Mon., Wed. & Fri.: 11 a.m.-1 p.m.
All-You-Can-Eat
Pizza Buffet
$5.95* includes drink, salad bar, and a variety of hot, fresh pizza
*Members, show your club card to receive a $1 discount!

Paintball Open Play

July 26, 9:30 a.m.
At the Tyndall Paintball field located by Sabre Gate.
Call 283-3199 for more information.

Base Pool

Hours through Aug. 16

■ Open Swim, Wed - Sun. 11:30 a.m.-6:30 p.m.
■ Lap Swim: Mon. 10-11 a.m., Tues.,: 12-1 p.m., Tues.-Fri.: 6-7:30 a.m. Wed.-Fri.: 11-11:30 a.m., 5-6 p.m.

Hours after Aug. 16

■ Open Swim, Aug. 23, 30, 31, & Sept. 1, 11:30 a.m.-6:30 p.m.

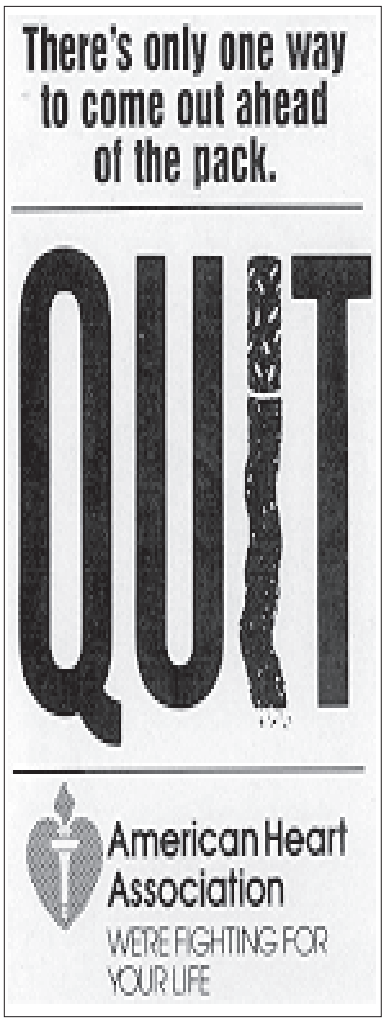
Water Aerobics

A revised lap swim and water aerobics schedule will be announced by Aug. 4.

Pool Prices

Entry fee is $1 per person.
■ Seasonal Pass: $35 per person or maximum of $50 per family.
■ Punch Pass: $20 for 30 punches
All guests must be accompanied by ID holder.

Want to keep up with "What's Happening" at Tyndall? Send us your email and we will add you to our weekly mailing. **whats.happening@tyndall.af.mil**



Officials warn of heat-stress dangers

AIRMAN 1ST CLASS SUSAN STOUT
56th Fighter Wing public affairs

LUKE AIR FORCE BASE, Ariz. (AFPN) — As temperatures heat up across the country, heat stress is a concern that requires notice, according to officials here.

Early signs of heat stress include dizziness, headache, dry mouth, unsteady walk, weakness and muscle cramps.

"If you experience these symptoms, you should remove yourself from the activity, rest in the shade and take sips of water," said Lt. Col. Allen Naugle, of the 56th Aerospace Medical Squadron. "If signs or symptoms do not improve in 15 to 30 minutes, get to a medical facility. If signs or symptoms worsen, call for an ambulance."

Later signs and symptoms of heat stress include a hot body with a high temperature, confusion, weak or rapid pulse, unresponsiveness, vomiting, involuntary bowel movements, convulsions or coma.

"Call an ambulance for immediate transport to the hospital if you experience these symptoms," Colonel Naugle said. "Lie down in the shade with feet elevated until the ambulance arrives and take sips of water. If skin is hot to touch, begin active cooling — pour cool water over the body and undress as much as possible."

According to Colonel Naugle, adequate water intake is essential to replace water lost through sweating, respiration and elimination.

"Encourage personnel to begin hydrating several days before a lengthy or high-performance exposure to hot conditions to ensure adequate hydration beforehand," he said. "Advise personnel to begin water consumption at the recommended rate up to two hours before starting the activity, when possible."

Drinking small amounts of water frequently is better than drinking larger amounts less frequently, according to Colonel Naugle.

"When the activity is complete, fluid replacement should continue for approximately two hours," he said. "Alcoholic and caffeinated beverages do not make up for water loss. Carbonated beverages are not as effective as noncarbonated beverages in keeping the body hydrated because of delayed absorption."

On the other hand, drinking too much water can also have its disadvantages, he said.

"(People should not) exceed an hourly fluid intake of one and a half quarts or a total daily fluid intake of 12 quarts," he said. "Rapid ingestion of large amounts of water, greater than one and a half quarts per hour, may lead to hyponatremia, or acute water intoxication. This is a life-threatening condition that may lead to weakness, loss of consciousness and death if not recognized and treated promptly."

Colonel Naugle recommends people wear protective clothing and sunscreen.

"Use sunscreen and wear lightweight clothing, hats and sunglasses if the mission allows," he said. "Eat a balanced diet, stay in good physical condition and take sufficient breaks in the shade. Most importantly, make sure you drink enough water."

(Courtesy Air Education and Training Command News Service)