

GULF DEFENDER



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Tyndall Air Force Base, Fla. *Gulf Defender*

June 11, 2004

In brief

New repeater system information

The new repeater system for the handheld and vehicle mounted radios on base will become fully operational at 2 p.m. today. At 2 p.m. all handheld radio users must switch the silver toggle switch on their hand held radios to the "A" position. Base station and vehicle mounted radio users must hit the "select" button on the unit. These actions will engage the new programming on the radios and users will be on the new trunked repeater system.

Radios will not be able to contact others with the switch in a different position, so it is important that everyone switch, and that the time of the switch be synchronized. It is recommended that radio users in dispatch or control positions such as MOCC and the law enforcement desk give the command for their users to switch and conduct a radio check with their users afterwards.

Family Practice relocated

The pediatrics and family practice clinics are now located in the new addition to the main clinic building (Bldg. 1465.)

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Jim Weslowski

Rendering honors

Tyndall Honor Guard members perform a full dressed funeral rehearsal during the honor guard open house Monday. Guests were offered a tour of the facility located in Bldg. 1015, information about services offered by the honor guard, and a chance to meet and talk with members. The 65-member team is divided into four flights. Last year they rendered honors at 114 funerals and 101 other types of ceremonies.

Bush issues executive order, proclamation on Reagan's death

GERRY GILMORE

American Forces Press Service

WASHINGTON (AFPN) — President George Bush issued an executive order closing federal offices today in observance of President Ronald Reagan's passing.

That order, given Sunday, does not apply to organizations that need to stay open because of national security, defense or essential public business.

Included in the exceptions are the departments of State, Defense, Justice and Homeland Security. Defense Secretary Donald Rumsfeld put out further guidance in a memo Monday to all military organizations and elements under DOD.

In it, he directed that "all addressees shall determine which elements" under them "shall remain open to support and conduct military activities related to the global war on terrorism; to maintain the health, safety and protection of DOD personnel and facilities; and to ensure the continuance of their respective organization's mission-essential functions."

"You should ensure that sufficient staff is on hand to support them in carrying out your essential responsibilities," Sec-

retary Rumsfeld wrote to all DOD leaders.

The president proclaimed today as a national day of mourning to honor the memory of the former president. President Reagan possessed "an unshakable faith in the values of our country and the character of our people" and "renewed America's confidence and restored our nation," President Bush proclaimed on Monday.

His "optimism, strength and humility," President Bush pointed out, "epitomized the

American spirit."

President Reagan's "courage and determination," the president said, had "enhanced America's security and advanced the spread of peace, liberty and democracy to millions of people who had lived in darkness and oppression."

The president asked the American people "to pay homage to the memory of President Reagan" today, adding that he invites "the people of the world who share our grief to join us in this solemn observance."

President Reagan's leadership as chief executive "has left us stronger and better," President Bush declared, adding the former president "has left us for a better place, the shining city that awaits him."

For information on certain Tyndall facility hours of operation on this national day of mourning, for the Base Exchange, Commissary and Clinic, see page 12.

Adapting the AEF — longer deployments, more forces

GEN. JOHN JUMPER

Air Force Chief of Staff

For the past 12 years, our Air Force has adapted to the demands of a changing world. Beginning in the early 1990s, we developed composite wings, expeditionary organizations, and crisis-response packages that allowed us to rapidly deliver combat capability to Combatant Commanders.

In 1998, we formalized the structure into 10 Air Expeditionary Force packages. These responsive air and space capabilities allow us to present forces in a consistent manner and conduct military operations across the spectrum of conflict.

Throughout the late 1990s, our AEF concept of operations has proven itself time and again. Even with the high demands of Operations Enduring Freedom and Iraqi Freedom, our AEFs surged to support the combatant commanders' warfighting and deterrence missions, employing nearly eight AEFs of combat forces.

When major air and space operations diminished last year, we began the process of re-establishing the AEF battle rhythm.

Our reconstitution target was March of this year, but the continued demands of global operations, additional contingencies in other theaters, and a tasking to support Army operations with 2,000 of our expeditionary combat support

forces required us to reassess our planning assumptions, and to adjust our AEFs to a new mission set.

Simply put, the demands on our deployable forces have not diminished and are not expected to decline for some time. We have a new rotational requirement for nearly 20,000 Airmen — about three times the demand prior to September 11, 2001.

Further, the Air Force Component Commander in the Central Command area of operations has asked us to deploy people for longer tour lengths to allow greater continuity for expeditionary commanders in the field. To adapt to this new set of circumstances, I've directed a change to the AEF rotational cycle and have asked our major commands to expand the pool of deployable Airmen in each AEF.

Beginning with AEF Cycle 5 in September 2004, the baseline deployment will be 120 days vice 90, and the AEF cycle will change from a fifteen-month rotational cycle to a twenty-month cycle.

We will continue to expect that each Airman will deploy only once during each cycle, although some stressed specialties will deploy longer, and in greater frequency, until manpower levels are adjusted or the theater requirements diminish. For those already deployed in AEFs 7/8 (Mar - May) and those deploying in AEF 9/10 (Jun - Aug), it is our intent to stick to our 90-day deployment cycle.

For those identified to deploy in AEF 1/2 (Sep - Nov), you should prepare to be gone a minimum of four months. This evolution of the AEF is not a temporary adjustment. More appropriately, it is recognition of new demands around the world for air and space power.

It is important to remember several fundamental principles regarding our AEF concept of operations.

First, we are not changing the basic composition of each AEF; each will continue to provide about 5 AEWs and 6 AEGs of capability during each vulnerability period. Our low density/high demand units will continue to follow DOD-approved deployment guidelines.

Finally, Air Force global mobility forces will continue to follow our AEF Presence Policy, with mobility aviation units postured in multiple AEFs to support the U.S. Transportation Command mission and other combatant commander needs.

The 20-month cycle will continue to provide commanders and Airmen the ability to plan ahead, allowing a sense of predictability while providing greater continuity to the in-theater commander. Still, I recognize longer deployments will present challenges to our Reserve component, possibly affecting the number of ARC volunteers, and requiring se-

● SEE AEF PAGE 3

Action Line

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.


BRIG. GEN. LARRY NEW
 325th Fighter Wing commander

Tyndall honors former leader, celebrates patriotism

BRIG. GEN. LARRY NEW

325th Fighter Wing commander

A lot has happened this past week as we watched the television and read the news about the life and death of former President Ronald Reagan. Today we honor his memory and dedicated leadership of our nation with a national day or mourning.

Many of us in uniform today will remember serving in a robust Cold-War era military. A military that, in concert with our nation's other instruments of power, brought down the iron curtain and decades of tyranny. Today we close our federal offices, lower our flags to half-staff and remember his legacy to freedom.

Honoring our former leaders,

fallen comrades and our veterans is a primary mission of our Base Honor Guard, and they perform this mission as volunteers and with great pride. I'd like to thank all who supported the Honor Guard open house on Monday.

It was a great success with plenty of visitors and media coverage. Understanding their mission and supporting their manning are ways we can all help make their job easier. If you would like to join the Base Honor Guard, call 283-4405.

Finally, on another patriotic note, Monday we celebrate Flag Day. Although this isn't a federal holiday, it does hold a deep and profound meaning for all Americans.

Our flag is the most recognizable symbol attached to what most people

perceive as "America." I'm certain that no matter where you fly the Stars and Stripes in the world, everyone recognizes it. That worldwide recognition means only one thing, we make a difference.

In 1949 President Truman signed an Act of Congress designating June 14 of each year as National Flag Day; however, its importance was not lost on Americans prior to that time.

Old Glory has been carried into countless battles, flown over far away forts and bases, and draped those who gave the ultimate sacrifice. It's a worthy holiday, so take the time to fly a U.S. flag, salute the flag or think about the price that's been paid for it.

Have a great week!

325th Fighter Wing public affairs: 2003 Best in Air Force - Large Wing

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PA, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

● **FROM AEF PAGE 2**

lected use of Presidential mobilization authority. We will manage these matters very carefully, ensuring equity and fairness across the Total Force.

In addition to extending tour lengths, it is my intent to expand our pool of deployable Airmen from our current level of about 272,000. I have asked all of our Major Commands to aggressively review the assumptions upon which they exclude Airmen from our AEFs and take immediate steps to maximize those postured in the Air Force Worldwide UTC System and our AEF libraries.

The MAJCOMs will posture the maximum number of manpower authorizations into

standard UTCs, and if required, we will develop new ones to provide additional expeditionary capabilities.

Residual authorizations will be postured into associated UTCs and will be coded to support AEF requirements across the range of military operations.

Let me be perfectly clear — in our Air Force, every Airman is expeditionary, every Airman will know his/her place in the AEF system, and every Airman will be prepared to support the Combatant Commander, whether deployed, in CONUS via reachback, or employed at home station.

If you are wearing the uniform of the United States Air Force, you are a

part of the AEF.

We are at war today, and will remain engaged around the globe against a brutal and resilient enemy.

Every Airman — active, Guard, Reserve, and civilian — must be focused on our national commitment to the Global War on Terrorism. Our job is to deploy and deal with terrorists wherever they are in the world so we never again have to deal with them on our own soil.

You will be the difference between our success and failure in this vital cause. Once again, I want to thank each and every one of you for your dedication, professionalism and service to our nation.



Treating 'Old Glory' right



(Editors note: Monday is Flag Day. The following rules explain the proper ways of displaying the American Flag according to the U.S. Flag Code.)

Some general guidelines from the Flag Code answer many of the most common questions:

- The flag should be lighted at all times, either by sunlight or by an appropriate light source.
- The flag should be flown in fair weather, unless the flag is designed for inclement weather use.
- The flag should never be dipped to any person or thing. It is flown upside down only as a distress signal.
- The flag should not be used for any decoration in general. Bunting of blue, white and red stripes is available for these purposes. The blue stripe of the bunting should be on the top.
- The flag should never be used for any advertising purpose. It should not be embroidered, printed or otherwise impressed on such articles as cushions, handkerchiefs, napkins, boxes, or anything intended to be discarded after tempo-

rary use. Advertising signs should not be attached to the staff or halyard.

- The flag should not be used as part of a costume or athletic uniform, except that a flag patch may be used on the uniform of military personnel, fireman, policeman and members of patriotic organizations.

- The flag should never have any mark, insignia, letter, word, number, figure, or drawing of any kind placed on it or attached to it.

- The flag should never be used for receiving, holding, carrying or delivering anything.

- When the flag is lowered, no part of it should touch the ground or any other object; it should be received by waiting hands and arms. To store the flag it should be folded neatly and ceremoniously.

- The flag should be cleaned and mended when necessary.

- When a flag is so worn it is no longer fit to serve as a symbol of America, it should be destroyed by burning in a dignified manner.

(Courtesy of www.usa-flag-site.org/etiquette.shtml)



DOD officials approve wear of new expeditionary medal

RANDOLPH AIR FORCE BASE, Texas (AFP) — Air Force officials have authorized wear of the Global War on Terrorism Expeditionary Medal which was approved by President Bush in 2003.

The Department of Defense campaign medal applies to active-duty, Reserve and Guard servicemembers deployed abroad on or after Sept. 11, 2001, for operations Enduring Freedom or Iraqi Freedom.

The criterion is pretty clear, so members who believe they are eligible can begin wearing it," said Tech. Sgt. Jeff Simmons, superintendent of the Air Force Personnel Center's recognition programs branch here.

To qualify, an individual must have been assigned or attached to a unit in OEF or OIF and served 30 consecutive days or 60 nonconsecutive days in specific geographic areas.

The medal will only be awarded once, regardless of how many times an individual

returns to serve in OEF or OIF. There are no service stars or other devices authorized; however, battle stars may be authorized for servicemembers who engaged in actual combat. The chairman of the Joint Chiefs of Staff is the approving authority for battle stars.

Duty locations include these countries: Afghanistan; Bahrain; Bulgaria (Bourgas); Crete; Cyprus; Diego Garcia; Djibouti; Egypt; Eritrea; Ethiopia; Iran; Iraq; Israel; Jordan; Kazakhstan; Kenya; Kuwait; Kyrgyzstan; Lebanon; Oman; Pakistan; Philippines; Qatar; Romania (Constanta); Saudi Arabia; Somalia; Syria; Tajikistan; Turkey (east of 35 degrees east latitude); Turkmenistan; United Arab Emirates; Uzbekistan; and Yemen.

Other areas include:

— The portion of the Arabian Sea north of 10 degrees north latitude and west of 68 degrees longitude.

— Bab el Mandeb.

— The Gulf of Aden.

— The Gulf of Aqaba.

— The Gulf of Oman.

— The Gulf of Suez.

— The portion of the Mediterranean Sea east of 28 degrees east longitude.

— The Persian Gulf.

— The Red Sea.

— The Strait of Hormuz.

— The Suez Canal.

The medal follows the Kosovo Campaign medal in precedence and can be viewed at www.defenselink.mil/news/Mar2003/200303134a.jpg.

The medal will be issued by local military personnel flights when it becomes available and will also be available through the Army and Air Force Exchange Service later this year.

For more information, Airmen can contact the local MPF at 283-2276 or call the Air Force Contact Center at (800) 616-3775. (Courtesy of AFPC News Service)

AF offers new incentive for South Korea duty

MASTER SGT. SCOTT ELLIOTT
Air Force Print News

WASHINGTON — Airmen who volunteer to extend their tours of duty in South Korea may be eligible for an extra \$300 per month.

The assignment incentive pay program is designed to reduce permanent-change-of-station requirements, encourage longer tours, provide further stability and improve readiness on the peninsula,

said Lt. Col. Leslie Formolo. The colonel is the chief of the assignment, classification, separation and retirement policy branch at the Pentagon.

“The primary purpose of [the new incentive] is to attract qualified volunteers to extend their tours at one of the more difficult-to-fill locations in the Air Force.”

LT. COL. LESLIE FORMOLO

Chief of the assignment, classification, separation and retirement policy branch at the Pentagon

classification, separation and retirement policy branch at the Pentagon.

The Air Force currently

uses the home basing and follow-on assignment, the overseas tour extension in-

centive and the in-place consecutive overseas tour programs to encourage

Airmen to select a South

Korean assignment. Officials said they will continue to offer these programs along with the new incentive.

It will be offered as a test program until December 2005, Colonel Formolo said. Airmen who volunteer to serve a 24-month unaccompanied or 36-month accompanied tour before leaving their current duty station will be offered \$300 per month

● SEE KOREA PAGE 6

Military supports Ronald Reagan's funeral ceremonies



Staff Sgt. Shane Cuomo

Members of the Joint Chiefs of Staff salute former President Ronald Reagan's flag-draped casket during the funeral procession Wednesday, along Constitution Avenue in Washington D.C. Reagan's body lay in state in the Capitol Rotunda Thursday. A state funeral will be conducted today at the Washington National Cathedral, where President Bush will give the eulogy.

KATHLEEN RHEM
American Forces Press Service

WASHINGTON – Military members around the country have been working to honor a former commander in chief this week.

The death of former President Ronald Reagan Saturday set into motion a plan that involved countless military members from all the armed forces.

As a past commander in chief, President Reagan is being afforded many military honors, according to officials from the U.S. Army's Military District of Washington.

MDW is responsible for coordinating arrangements for the many events leading up to President Reagan's official state funeral in Washington today. Traditionally, the president directs the secretary of defense to oversee funeral arrangements.

This responsibility is further delegated through the secre-

tary of the Army to the MDW commanding general.

In this role, the MDW commander, currently Army Maj. Gen. Galen Jackman, will escort President Reagan's immediate family members during the formal events.

A military guard of honor provided security for President Reagan's remains during periods of lying in state, till 6 p.m. Pacific time Tuesday at the Ronald Reagan Presidential Library in Simi Valley, Calif., and at the U.S. Capitol for 24 hours, which began 8:30 p.m. Eastern time Wednesday.

At every point in the journey, a joint-service honor guard performs an arrival or departure ceremony to honor the fallen president.

After President Reagan's remains were transported to the East Coast, they were carried at least part of the way to the Capitol by a military cais-

son from the 3rd U.S. Infantry, the Army's ceremonial "Old Guard" headquartered at Fort Myer, Va.

The caisson is a converted transport wagon for a 75 mm cannon drawn by six horses of the same color.

A riderless horse followed the caisson. "A pair of boots are reversed in the stirrups of the empty saddle to symbolize that the warrior will never ride again," according to information on the MDW Web site.

A military band will play at each phase of the official funeral events, and a military honor guard will fire a traditional 21-gun salute at noon local time on U.S. military bases on the day of interment.

Also as part of honors owed to a previous president upon his death, all U.S. flags flown on government installations will be flown at half-staff for 30 days from the date of death.

May re-enlistments

Staff Sgt. Stephen Booker, 81st TSS
Senior Airman SiMone Bordeaux, 325th OSS
Staff Sgt. Cecilia Catterton, 325th CES
Senior Airman Ngu Do, 325th MDOS
Senior Master Sgt. Gary Hofstetter, 83rd FWS
Tech. Sgt. Martha Horner, 325th OSS
Senior Airman Ebony Howell, 82nd ATRS
Tech. Sgt. Shawn Hull, 823rd RHS
Airman 1st Class Daniel Kendall, 325th SVS

Tech. Sgt. Desiderio Martinez, 325th MXS
Tech. Sgt. Kelly McCoy, 325th AMXS
Tech. Sgt. George Pfeiffer, 325th MXS
Staff Sgt. Michelle Phillips, 325th CPTS
Tech. Sgt. Kirby Pyka, 325th SVS
Senior Airman Arboleda Rivera, 325th MDSS
Chief Master Sgt. Daniel Sacks, HQ AFCESA
Staff Sgt. Billie Scarborough, 325th SFS
Master Sgt. Steven Strassberger, 81st TSS
Master Sgt. William Sundstrom, HQ AFCESA
Master Sgt. Richard Venable, 325th CES
Tech. Sgt. Tami Viskochil, 1st FS

Checkertail Salute

Senior Airman Joey Henson



Lisa Norman

Airman Henson receives the Checkertail Salute Warrior of the Week award from Col. Doug Cochran, 325th Fighter Wing vice commander.

The Checkertail Clan salutes Airman Henson who has been selected as Airman Staff Professional of the Fourth Quarter 2003, and was selected for Senior Airman Below the Zone. He is also a weapons simulation technician instructor and has developed four new master question file tests for live qualified personnel. He is also active in the base and local community.

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

Duty title: Weapons simulation technician

Time on station: 16 months

Time in service: Two years

Hometown: Conway, Ark.

Hobbies: Computers, soccer

Goals: Complete my education and go to Officer Training School

Favorite movie: Braveheart

Favorite book: "Mere Christianity" by C.S. Lewis

Favorite thing about Tyndall: The weather

Proudest moment in the military: When the results came in that I made Senior Airman Below the Zone



How Force shaping affects your G.I. Bill

With the second phase of force shaping announced last week, more and more Airmen are looking at ending their military time early and taking their education benefits earned by the Montgomery G.I. Bill. The following are facts members should know about the G.I. Bill:

•Because the Force Shaping Program is for the convenience of the government, individuals only have to complete 20 months for full benefits if enlisted for less than three years, or 30 months for full benefits if the enlistment was for three years or more.

•If an individual who is on a three or more year enlistment joins the Reserves or National Guard for an additional four years, they are eligible for full GI Bill benefits (Palace Chase Program).

•Palace Chase participants will still receive 36 months of benefits, but the payments are less than that awarded to those who serve 30 months of active service.

•Force shaping is not an opportunity for ineligible or dis-enrolled individuals to enroll in MGIB.

•For further information, please go to the G.I. Bill Web site at www.gibill.va.gov or visit the Education Center.

(Courtesy of the Tyndall Education Center.)

● **FROM KOREA PAGE 4** for the duration of the tour. Extension and in-place options will be available to individuals choosing to extend after they are in country.

The extension program offers enlisted Airmen three options: \$2,000 cash, 30 days of nonchargeable leave or 15 days of nonchargeable leave and a plane ticket to the nearest port of entry. The in-place program pays round-trip plane fare for Airmen and

command-sponsored family members to home of record.

Airmen currently in South Korea will be granted a one-time offer to extend their current tours for assignment incentive eligibility. During the "open season," Airmen who previously signed up for the extension or in-place programs may switch to the new program and extend their original tour lengths by 12 months if they have not received benefits from

the other programs. They will receive \$300 per month from the date they sign the contract until the end of the extended tour.

Airmen with assignments to South Korea will be offered the incentive before they move. Upon arrival, servicing military personnel flight officials will confirm the Airman's intent and begin the incentive if the Airman elects this option.

Those who take the new incentive will not be eligible

for the other programs; however, other entitlements, such as hardship duty pay, are not affected by the new incentive.

"The primary purpose of (the new incentive) is to attract qualified volunteers to extend their tours at one of the more difficult-to-fill locations in the Air Force," Colonel Formolo said. "The measure of success will be a change in perception of assignment to [South] Korea, increased stabilization and readiness."

Learn ways to protect you, your family from rabies

(Editors note: Public Health has provided the following information to prevent the spread of rabies and raise overall community awareness.)

Rabies is a deadly viral disease that can be prevented but not cured. The virus attacks the brain of warm-blooded animals, including people. Here are ways to protect your pets, yourself, and your family.

How is rabies spread?

When an animal is sick with rabies, the virus is shed in the saliva and can be passed to another animal or a person, usually through a bite. Transmission may also occur if this saliva or the animal's nervous tissue enters open wounds, the mouth, nose or eyes of another animal or person.

What do rabid animals look like?

Animals with rabies may show strange behavior — they can be aggressive, attacking for no apparent reason, or act very tame (especially wild animals.) They may not be able to eat, drink or swallow. They may drool because they

cannot swallow their saliva. They may stagger or become paralyzed. Eventually it will kill them.

What do I do if an animal bites me?

- Immediately scrub the wound with lots of soap and running water for five to ten minutes.

- Try to get a complete description of the animal and determine where it is so it can be picked up by animal control staff for quarantine or rabies testing.

- Go to your primary care manager or the nearest emergency room.

- Call Public Health at 283-7138 or your county health department or animal control agency with your description and location of the animal. The animal will either be quarantined for ten days (if it is a dog, cat or ferret) or be tested for rabies. If you kill the animal, be careful not to damage the head, and avoid further contact with the animal even when it is dead.

What do I do to protect myself, my family and my pets from rabies?

- Have your veterinarian vaccinate all of your dogs, cats, ferrets and horses

against rabies, and make sure you follow your veterinarian's instructions for revaccination.

- Avoid contact with wild or stray animals.

- Never feed wild or stray animals — avoid attracting them with outdoor food sources (like uncovered trash.) Feed your pets indoors.

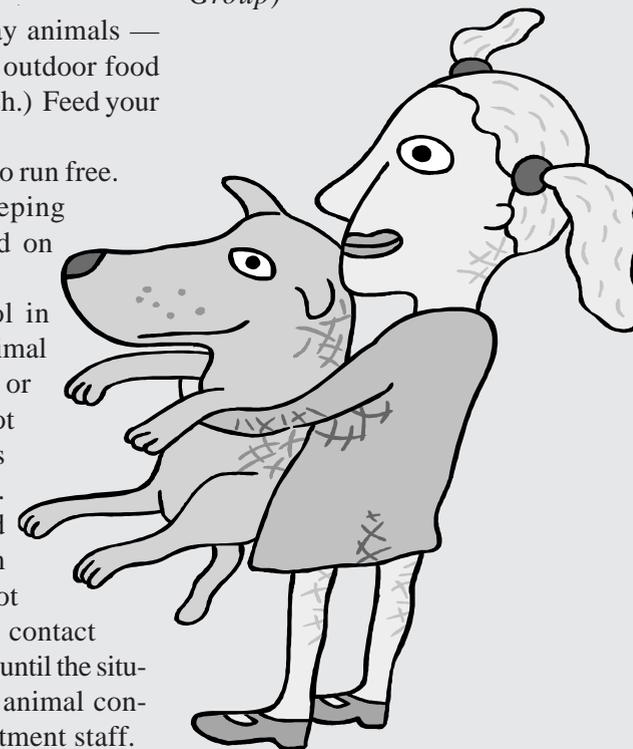
- Do not allow your pets to run free.

Follow leash laws by keeping pets and livestock secured on your property.

- Support animal control in your community. If your animal is attacked by a wild, stray or unvaccinated animal, do not examine your pet for injuries without wearing gloves. Wash your pet with soap and water to remove saliva from the attacking animal. Do not let your animal come into contact with other animals or people until the situation can be dealt with by animal control or county health department staff.

If you have any questions or concerns please contact Public Health at 283-7138.

(Courtesy of 325th Medical Group)



April's NCO Academy graduates

The following Team Tyndall technical sergeants graduated from the Tyndall NCO Academy:

Douglas Buchanan, 2nd FS
David Burgess, 2nd AMU
Peter Darmstedter, 325th AMXS
Brian Downer, 325th AMXS
James Folsom, 325th SVS
Timothy Gutierrez, 83rd FWS

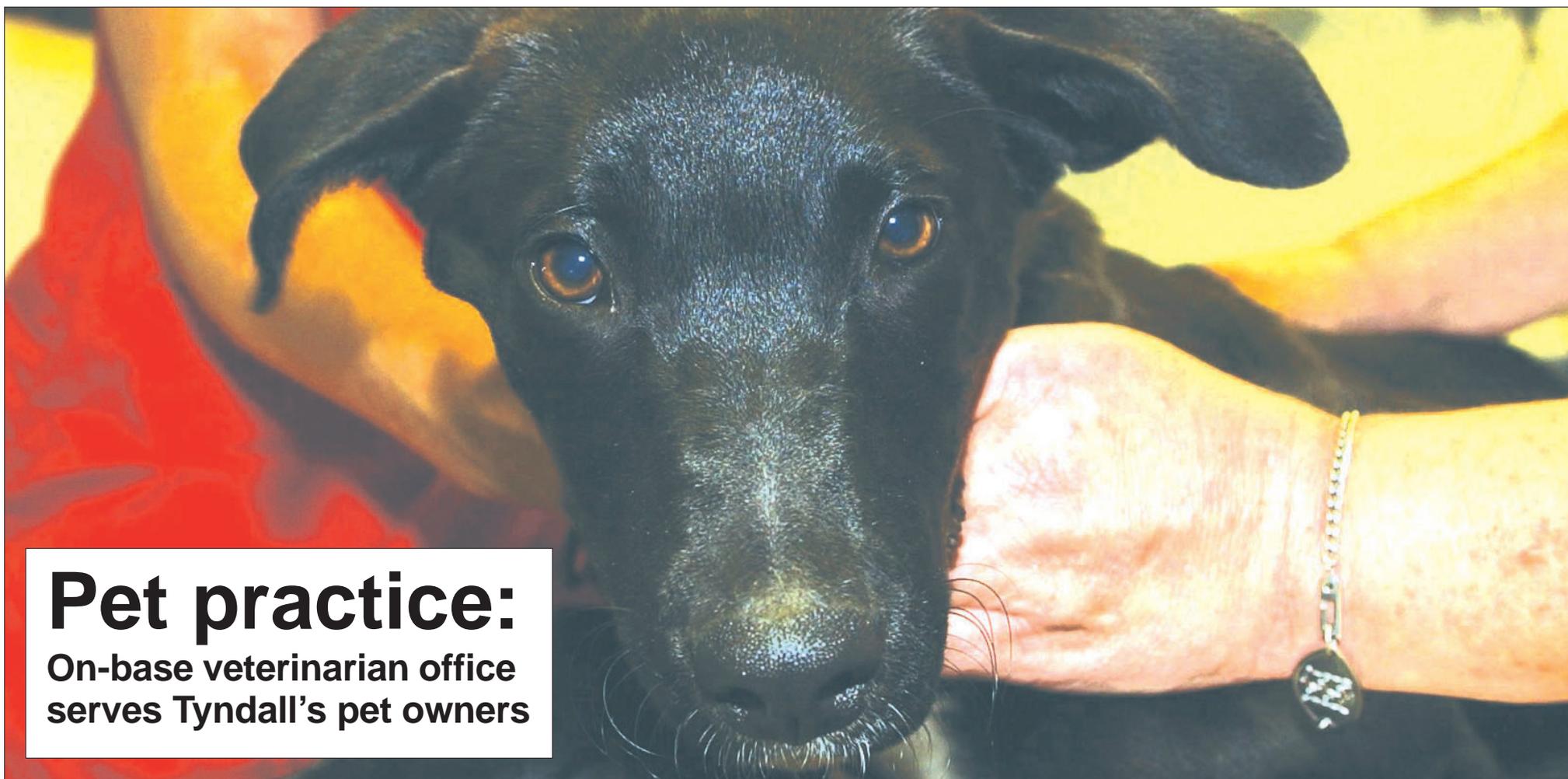
Randall Jones, 325th CONS
Jamie Jordan, Det. 2, 28th TS
Lance Kagele, Det 2, 66th TRS
Stephen McCrory, 325th OSS
Steven Preisler, 83rd FWS
Mark Redmon, 325th CS
Jaime Santiago 325th MOS
Mark Thames, 325th MXS
Jessica Thurber, 325th AMXS
Douglas Williams, 325th ACS

ANONYMOUS. DEPENDABLE. FREE RIDE.

a.a.d.d.d.

FRIDAY & SATURDAY 5:00PM - 5:00AM

AIRMAN AGAINST DRUNK DRIVING
867-AADD(2233)



Pet practice: On-base veterinarian office serves Tyndall's pet owners

Daisy, a local Air Force retiree's dog, lies still while getting an initial evaluation at the Tyndall Veterinary Clinic.

STORY AND PHOTOS BY CHRISTINE SULLIVAN
325th Fighter Wing public affairs

Team Tyndall's veterinary clinic offers preventative and non-emergency services to keep your pet healthy and happy throughout the summer and all year long.

"One of our missions is to help prevent the spread of zoonotic diseases, such as rabies, and provide preventative care for the animal members of our military families," said Capt. Leah Tingley, U.S. Army veterinary corps section chief of the Gulf Coast District Veterinary Command.

Vaccines for rabies, canine and feline distemper, feline leukemia and treatment for kennel cough are offered here. The clinic's prices for vaccinations range from \$7 to \$15 and 'shot clinics' and are offered on a regular appointment basis, as well as during specified shot-clinic days throughout the year.

"Our evening shot clinics are held once to twice a month from 4-7 p.m., and the next one is scheduled for June 22," said Staff Sgt. Steven Pope, Army GCVDC Veterinary Corps noncommissioned officer in charge. "We also offer half- and full-day animal vaccination drop-off services by reservation only for a minimal charge, in addition to any services performed. Owners may drop off their pets at 8 a.m.

and pick them up no later than 4 p.m. the same day."

If pet owners take time to do preventative care, it will save a lot of grief during hot-weather months, according to Tabitha Wiggins, 325th Services Squadron veterinary technician.

"Vaccinations are important because they control the spread of disease from animals to people," she said. "Treat your animals like you would want to be treated."

Another important preventative service protects against heartworm disease, a potentially deadly problem for pets. Even though Tyndall is located in northern Florida, it still gets warm enough in the winter for mosquitoes to hatch and carry heartworm disease.

"Intestinal parasites are prevalent in the Southeast region, and animals should have annual fecal analysis done yearly," Captain Tingley said. "Some intestinal parasites from animals may be passed to children, the elderly and immunocompromised individuals who are at the greatest risk.

Some of the parasites, although rarely, may cause blindness, severe internal organ damage or neurological disease."

Aside from preventative services, the vet clinic also treats minor medical problems, such as skin infections, tick bites and flea infestation. During summer months in Florida's warm and moist climate, fleas can develop into a major problem.

"The number one cause for itchiness in animals is allergies to flea bites. It is important not only to treat the animal, but also the environment," Captain Tingley said. "Al-

though fleas may have lower activity in the winter months, they are still out there making our animals miserable."

"It's possible to have a substantial flea problem, even though you have only spotted a few or no fleas," Ms. Wiggins said. "Pet shampoos and a variety of spray, drops and oral preventive flea treatments can be purchased here at the clinic."

"Not only do we offer preventative care here, our mission helps to keep our military working dogs fit for duty and ready to

deploy at any time," Captain Tingley said. "The animal members of our military families are very important to us and we want to make sure they are happy and healthy wherever they go."

If your family is planning a permanent change of station this summer, be sure to stop by and talk to any member of the vet clinic staff that can assist you with vaccination requirements or preparations for quarantine, if required.

Microchips are offered at Tyndall's clinic and are especially important for families planning a PCS with their pets.

"Every veterinarian and shelter carries a microchip reader, so if an animal is lost without an identification tag, the owner can still be located. Hawaii, England, and soon the European Union will require all entering animals to be microchipped as well," Captain Tingley said. "Important medical information can also be linked to an animal's microchip. This would be especially important in the case of a diabetic animal that became lost."

For more information on any of Team Tyndall's vet clinic services, stop by Bldg.1309 or call 283-2434. For reservations and information on the drop-off service, call 283-2474. The clinic is open Monday to Friday, 8 a.m. to 4 p.m.

"Vaccinations are important because they control the spread of disease from animals to people. Treat your animals like you would want to be treated."

TABITHA WIGGINS

325th Services Squadron veterinary technician



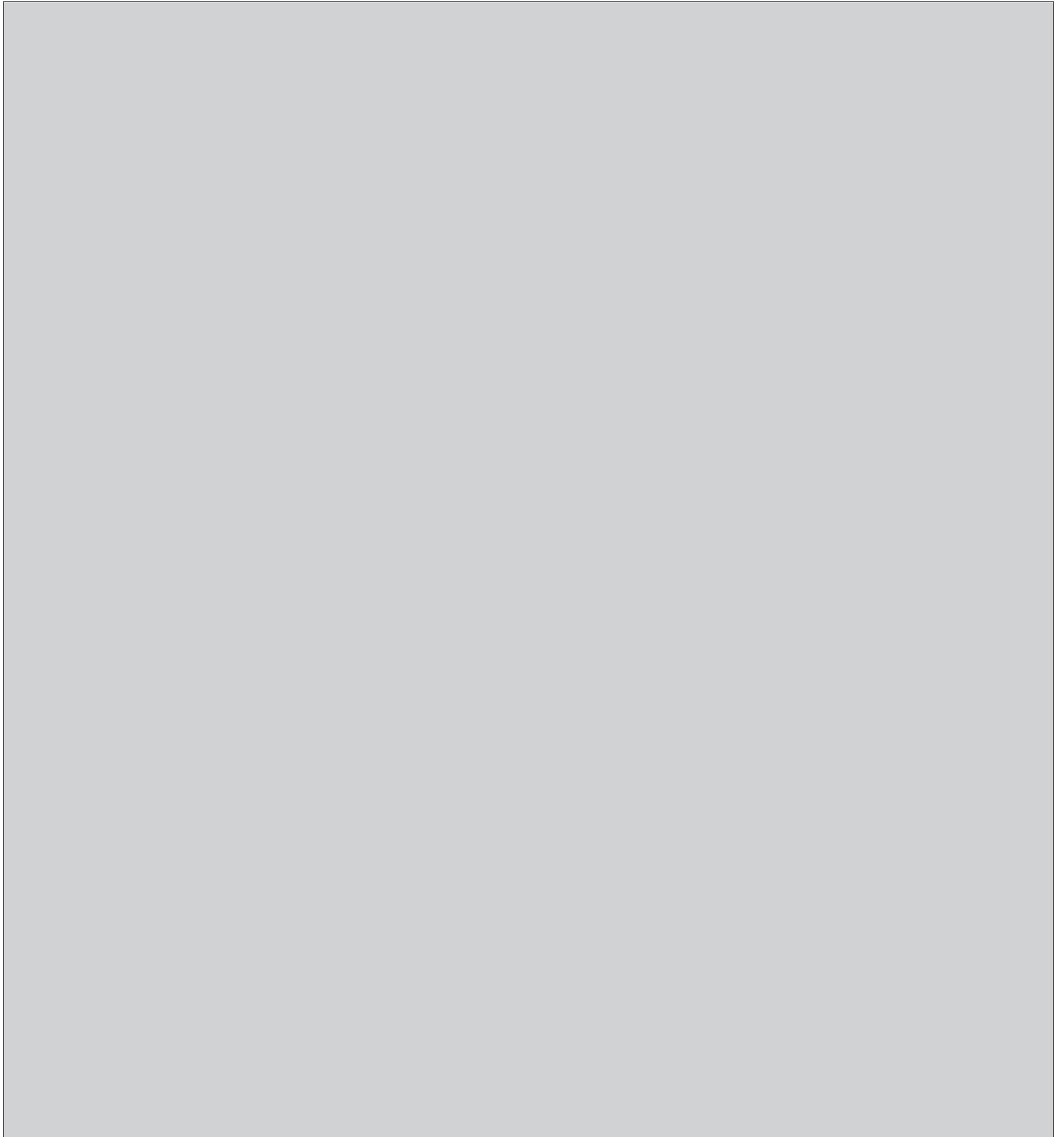
Dagny Johnson, Tyndall vet technician, gives Sterling his annual vaccinations, while Kylie Harding, Vet clinic volunteer, assists in making sure the animal stays calm.



Ms. Johnson checks Sterling's teeth during the overall examination. The cat's owner used the clinic's newly available drop-off service.



Far left: 8-day-old kittens are cared for by Kimberly Williamson, vet clinic receptionist, after the kittens mother was unable to care for them. Immediate left: Daisy gets an ear examination from Ms. Harding. Daisy's owner, Shirley Lamoureux, an Air Force retiree, rescued the puppy from a local animal shelter.



Uniform wear test gets positive, negative feedback



Airman 1st Class Christopher Hummel

Tech. Sgt. Jose Reyes, a 56th Medical Group dental technician, makes porcelain teeth June 2 at Luke Air Force Base, Ariz. Sergeant Reyes is one of about 100 Luke members wear-testing the new Air Force utility uniform prototype.

SENIOR AIRMAN SUSAN STOUT
56th Fighter Wing Public Affairs

LUKE AIR FORCE BASE, Ariz. (AETCNS) — More than 100 men and women at Luke are currently wear-testing the new blue, green and gray tiger stripe utility uniform.

The wear test, which is scheduled to last through September, will help officials determine if the prototype uniform can endure the rigors of Air Force life.

Participants in the wear test must maintain a log documenting such things as how often the uniform is washed, what type of detergent is used, how the uniform looks after drying, how comfortable it is in work environments and whether or not it fades after washing.

Officials are looking for comments from test participants as well as those not wearing the uniform. Opinions have varied, but some say they really like it.

“There is no doubt this uniform gives us a more modern look,” said Staff Sgt. Jerry Diveney, 56th Communications Squadron radar maintenance technician. “The look brings tomorrow’s Air Force into today.”

The material, which is designed to be more breathable, softer and lighter, is easier to maintain, according to test participants.

“I like that it’s wash and wear,” said Airman 1st Class Amanda Baker, 56th Aircraft Maintenance Squadron weapons journeyman.

Not everyone likes the new prototype.

“Opinions seem to be about 50/50,” Sergeant

Diveney said. “I think everyone likes the uniform material and design, but the ones who don’t like it just don’t like the color.”

Many have commented on the blue not being an effective camouflage. Officials said preliminary tests with infrared goggles suggest the new uniform camouflages even better than the current BDU pattern.

More extensive tests will be conducted to determine its effectiveness in several environments.

“Our intent is to create a uniform that will be distinctive, practical, easy to maintain, comfortable, and

“Our intent is to create a uniform that will be distinctive, practical, easy to maintain, comfortable, and most important, a uniform you will be proud to wear.”

GEN. JOHN JUMPER
Air Force Chief of Staff

most important, a uniform you will be proud to wear,” said Gen. John Jumper, Air Force Chief of Staff. “I ask that you take an objective look at the new uniform. It will be a distinctive Air Force uniform designed to fit well, look sharp

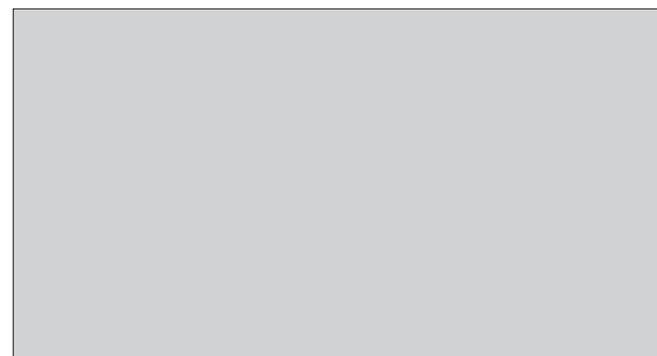
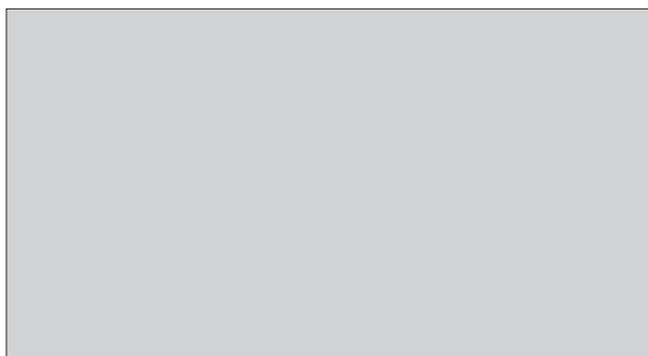
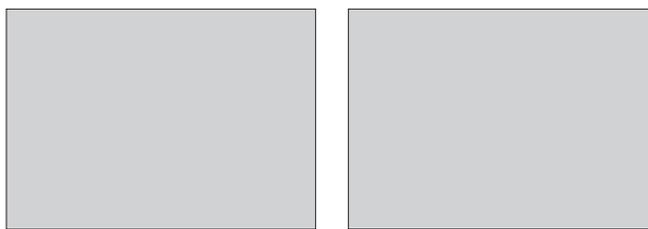
and require much less maintenance than the current uniform.”

Although costs have not been determined yet for the new uniform, Air Force officials said the upkeep of the uniform will be less than the old uniform since it will not require dry cleaning or starching.

Another measure to cut costs with the uniform is the removal of organizational patches on the uniform.

Officials hope this will make it more affordable and versatile because adding, removing or changing patches when moving to different units can be expensive.

In order to determine the positive and negative aspects of the uniform, Air Force officials are currently developing a Web site for feedback.



Events

SFS Change of command

Lt. Col. Scott Enold, 325th Security Forces Squadron commander, will relinquish command to Maj. Franklin Howard 8 a.m. today at Flag Park. All of Team Tyndall is invited to attend.

MOS Change of command

Lt. Col. Sandy Koerkenmeier, 325th Maintenance Operations Squadron commander, will relinquish command to Maj. Eric North 2 p.m. today at the Officer's Spouses' Club in the ballroom. All of Team Tyndall is invited to attend.

The basics of home buying

The basics of home buying class will be 11 a.m. to 12:30 p.m. June 22 in the Family Support Center (Bldg. 743) classroom. For more information, call 283-4204 for reservations and information

Palace Chase information

The Air National Guard has part-time positions available throughout the country to military members separating or thinking about applying for Palace Chase.

Re-training is available, and members retain most of their benefits in addition to some state benefits such as 100 percent tuition assistance. For more information, contact Master Sgt. William Andujar at (850) 884-2729 or e-mail william.andujar@hurlburt.af.mil.

Stress classes

The Life Skills Support Center is offering the following two-session classes July 14 and 22: "How to Beat Stress" from 10 a.m. to noon, "Depression and You" from 1 – 2 p.m., "Getting a Handle on My Anxiety" from 3:30 – 5:30 p.m. Classes are located in the Family Support Center classroom and are offered to everyone age 18 and over. Call 283-7511 to sign up.

Thrift Shop

A summer clearance sale takes place all month at the Tyndall Thrift Shop. All donated items will be half price throughout June. The shop will close for a summer break at close of business June 25 and reopens Aug. 18.

Consignments may be brought in every Wednesday and Thursday from 9:30-11:30 a.m. Twenty items may be consigned each day. Regular shopping hours are 9:30 a.m. to 12:30 p.m. Wednesday through Friday. The Thrift Shop is located at 743 Suwannee Dr. across from the post office. For more information, call 286-5888.

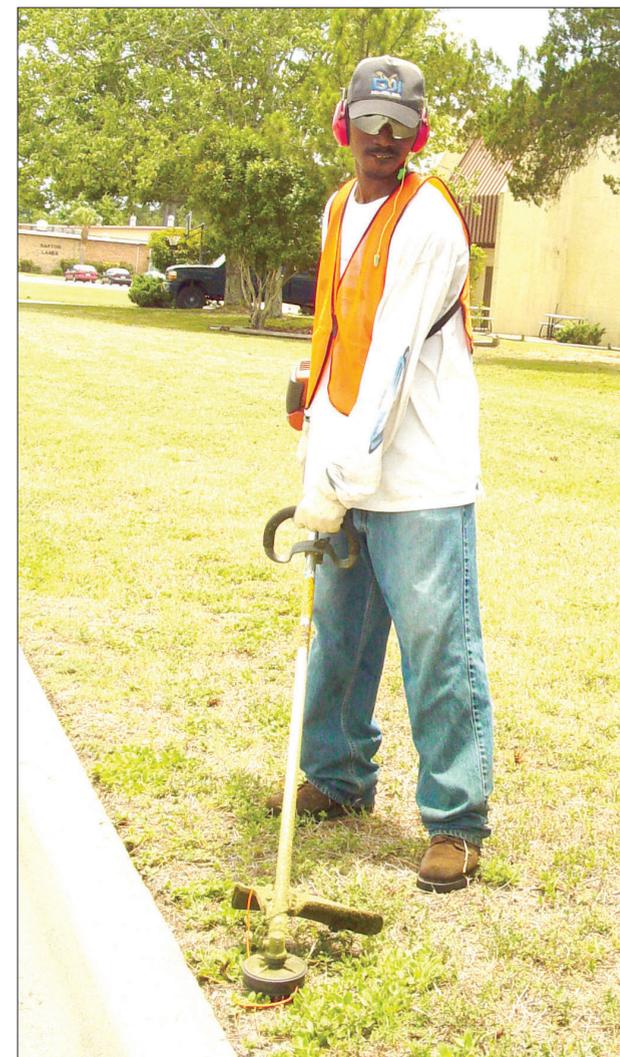
(Due to the national day of mourning today, there are changes in some of the base facilities hours. The changes are as follows:)

Tyndall Clinic

The clinic is open from 7 a.m. to 3 p.m. today. The laboratory will be open from 7:30 a.m. to 3 p.m. The main Pharmacy in the clinic will be open from 7:30 a.m. to 3 p.m. and the Satellite pharmacy at the Base Exchange will be open from 9 a.m. to 3 p.m.

Putting the 'edge' on safety

Christopher Walton, a DEL-JEN summer over-hire worker, helps to put clean edges on Tyndall's roadsides. Motorists should keep safety in mind and pass roadside workers with caution. Due to required safety equipment they may not hear approaching vehicles; and passing vehicles should be wary of flying debris from mowers and edgers. The summer grounds maintenance over-hire season continues through September. For more information about the annual program, call 283-4433.



Jim Weslowski

Commissary

The Commissary will be open today 9 a.m. to 6 p.m.

Base Exchange hours

These hours are for Friday, Saturday and Sunday. The Main store will be open all three days 10 a.m. to 5 p.m., 9 a.m. to 7 p.m. and 10 a.m. to 5 p.m., respectively. The MCSS will be closed Friday, open 9 a.m. to 7 p.m. Saturday and closed Sunday. Shoal point will be open 11 a.m. to 6 p.m. all three days. The Class Six will be open all three days 10 a.m. to 5 p.m., 8 a.m. to 10 p.m. and 10 a.m. to 6 p.m., respectively. The Felix Lake Shoppette will be open 6 a.m. to 9 p.m. all three days. Anthony's will be open 11 a.m. to 4 p.m. all three days. Burger King will be open all three days 10 a.m. to 5 p.m., 7 a.m. to 10 p.m. and 10 a.m. to 5 p.m., respectively. The Barbershop will be closed Friday, open 9 a.m. to 5 p.m. Saturday and 11 a.m. to 4 p.m. Sunday. The Beauty Shop will be open 10 a.m. to 4 p.m. Saturday only. GNC will be open all three days, 10 a.m. to 4:30 p.m., 9 a.m. to 6 p.m. and 10 a.m. to 4:30 p.m. Alltel will be open Saturday only from 9 a.m. to 5:30 p.m. The Optical Shop will be open Saturday only from 9:30 a.m. to 5:30 p.m. The Nail Salon will be open Saturday only from 10 a.m. to 5 p.m. Fresh Cup will be closed Friday, open Saturday from 9 a.m. to 6 p.m. and Sunday from 9:30 a.m. to 4:30 p.m. The Service Station will be open 9 a.m. to 5 p.m. Saturday only. The Laundry Cleaners and Alterations will be open 9 a.m. to 1 p.m. Saturday only. The Flowershop will be open 9 a.m. to 6 p.m. Saturday only. The Overhead Office, Robin Hood, Franks Kiosk, Flight Line

Barber Shop, and the Flower Shop will be closed all three days.

Garage Sales

3506 Clay Court
3162 B Tiger Street
3687 B Kisling Loop
2380 Lincoln Drive
3572 Vosler Court
2843 B Phantom Street

Garage sales are held on Saturdays from 8 a.m. to 4 p.m.

Chapel Schedule

Catholic services held at Chapel 2:

Daily Mass, 11:30 a.m. Monday-Friday
Reconciliation (before Saturday Mass or by appointment)
Saturday Mass, 5 p.m.
Sunday Mass, 9:30 a.m.
Religious Education, 11 a.m. Sunday.

Protestant services at Chapel 1:

Communion service, 9:30 a.m., Chapel 1
Religious Education classes, 9:30-10:30 a.m. in Bldg. 1476
General Protestant service, 11 a.m., Chapel 2.

Muscle Beach lifts four Team Tyndall members to AETC competition

STORY AND PHOTOS BY STEVE RIDDLE

325th Services Squadron publicist

Contestants moved a mountain of iron Saturday at the 2004 Muscle Beach Power Lifting Competition at the Tyndall Fitness Center, and the winners earned the chance to show their stuff at the AETC level in just two weeks.

Dan Brownell was the overall winner, competing in the Men's 220-242 pound weight class. He bench-pressed 335 pounds, squatted 540 pounds and dead-lifted 640 pounds for a total combined weight of 1,495 pounds.

Brian Crouse took first place in the Men's 198-220 pound weight class. He bench-pressed 315 pounds, squatted 480 pounds and dead-lifted 500 pounds.

Joseph Reyes won the Men's 181 - 198 pound weight class by bench-pressing 285 pounds, squatting 475 pounds, and dead-lifting 480 pounds.

In the Women's 123 - 165 pound weight class, Trang Le took home first place honors. She bench-pressed 105 pounds, squatted 135 pounds and dead-lifted 205 pounds.

All four competitors will now travel to Little Rock AFB, Ark., to compete in the 2004 AETC Muscle Mania Championship June 25 and 26.



Trang Le dead-lifts 205 pounds while Joseph Reyes looks on during the 2004 Muscle Beach Power Lifting Competition Saturday at the Fitness Center. Both competitors won their respective weight classes and will travel to Little Rock AFB in two weeks to compete in the 2004 AETC Muscle Mania Championship.



Dan Brownell squats 540 pounds on his way to the overall victory in the 2004 Muscle Beach Power Lifting Competition Saturday. Brownell lifted a total of 1,495 pounds in the bench-press, squat, and dead-lift categories.



Steve Riddle

H2O aerobics

Denise Revel leads nearly 20 participants through a water aerobics class Tuesday at the Tyndall Base Pool. The one-hour classes are offered Tuesdays and Thursdays beginning at 11:30 a.m. and 6:30 p.m. Classes are also offered every Wednesday from 6:30 - 7:30 p.m. and Saturdays from 6-7 p.m.

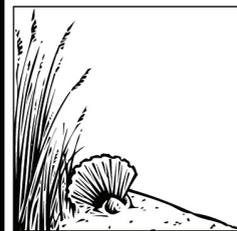
Revel likes to mix up the classes for her students, using a variety of routines, including circuit training and cardio exercises, to help keep the classes challenging and fun. She said water aerobics is perfect for people whose bodies cannot withstand the impact that a regular aerobics course may inflict.

Personal water aerobics training classes are also available. For more information, contact the Bonita Bay Outdoor Recreation Office at 283-3199.

There's only one way
to come out ahead
of the pack.

QUIT

 American Heart
Association
WE'RE FIGHTING FOR
YOUR LIFE



Funshine NEWS



June 11, 2004

www.325thservices.com

All Ranks Lunch

at the Officers' Club

Mon.-Thurs.: \$6.95 ■ Friday: \$7.95
11 a.m.-1 p.m.

Unlimited access to the daily buffet, salad bar,
fountain soda, tea & coffee!

Includes Fresh, Hot, Carved Meat
Sandwiches on Kaiser Roll

Monday	Chef's Choice
Tuesday	Italian
Wednesday	Oriental
Thursday	All American
Friday	Seafood

*Members, show your club card to receive a \$1 discount!

Crazy Cash Give-away at the O' & E Clubs Fridays during Social Hour.

Jackpot starts at \$100. The first member name
drawn is for the jackpot. If there is no winner
\$25 will be added to next week's
jackpot (max. \$500). Once the name is
drawn the winner has 5 minutes
to claim their prize. If the winner fails to
claim their prize a second drawing will
be held from bar receipts for \$25.

283-4357 for details

Air Force Club Scholarship Program



Entry deadline
is July 15.

First place
is \$6,000

Six scholarships will
be awarded to AF
Club members or
their eligible family
members.

Applicants must be accepted by, or enrolled in, an
accredited college or university graduate or
undergraduate program by fall of 2004. Information
packages with complete instructions and
requirements are available from the business office
Tyndall Officers' Club.

283-4357
for more information

Sponsored in part by:

Bank One, Coca Cola and Master Card.
No federal endorsement of sponsors intended.

Marina Club

☎ 283-3059

Best Salad Bar on Base

All you can eat with soft drink \$5.95.

Social Hours

Every Friday evening from 5:30-7:30 p.m.
followed by a club card drawing for cash.
(Must be present to win.)

Tyndall Enlisted Club Laugh & Party Weekend

Starring from HBO DEF Comedy Jam & BET Comic View:
Friday, June 18, 2004

283-4357

Sherman Golden & Dexter Tucker
Advance tickets for members \$12.00
Advance tickets for non-members \$15.00

NASCAR Pilot Program

June 1 - July 25 Weekly Cash Prizes
Races will be viewed at the Pizza Pub &
E' Club June 6, 13, 20, 27 and
July 3, 11 & 25

Prizes for participation will be given at
each event. Must be a current AETC Club
Member to win. Grand Prizes: First place
prize is a trip for two to attend the Ford
400 race on Nov. 21, 2004 at
Homestead-Miami Speedway. It includes
airfare, hotel accommodations, rental car
and tickets to the race. 2nd place is
\$500 and 3rd place is \$250 to purchase
from the NASCAR website.

Skills Development Ctr.

☎ 283-4511

Youth Arts & Crafts Summer Camp

Fee is \$10 for three days (Tues.-Thur.) 1-3
p.m. Fee includes summer camp t-shirt and
supplies to make a different art project per
day. Agenda: June 15, Orientation tour of
the facility with an embroidery machine
demonstration. Students will design their
own t-shirt. June 16, Students will construct
bookends in the wood shop. June 17,
Students will design their own print and
learn to frame the print properly in the
frame shop. The camp is open to children 8
yrs. and older. Max. of 8 per session. Must
register by June 8. If you cannot attend all
three days, you may register for one of the
days. Cost is \$5 per day.

Bonita Bay

☎ 283-3199

Base Pool Info:

Lap swim 6-8 a.m., 11-11:30 a.m.; 5-6:30
p.m., Tues.-Fri.: FREE. Open swim Wed -
Sun. 11:30 a.m. - 6:30 p.m. Pool passes:
\$40 per person, \$5 for each additional
person up to 3 & free to all other family
members from the same family. 30 punch
card for \$25 or \$1.00 per day.

Water Aerobics

Back by popular demand. Tuesdays &
Thursdays: 11:30 a.m.-12:30 p.m. & 6:30-
7:30 p.m., Wednesday: 6:30-7:30 p.m.,
Saturday 6-7 p.m. Shallow water is low
impact. Deep water is no impact on the
body. Check for prerequisites with Denise
at butts_n_guts@hotmail.com Personal
water aerobics training is also available for
\$15 per half hour. Payments must be made
at Bonita Bay.

Ship Fed Ex with Us!

Fed Ex Express Services Which include:

Priority Overnight Economy 2 Day
Standard Overnight Express Saver 3 Day

Our rates beat the others!

Packages must be at the Community Center by 1:30
p.m. for Overnight. Exclusions exist. Limit 10 lbs.

Call the CAC for details: 283-2495

Extreme Skateboard Camp

June 28-July 2

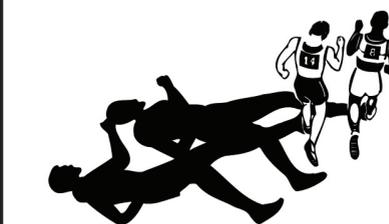


Learn the moves of the pros.
Cost of the camp is only \$10.

Camp size is limited to
the first 27 youth
ages 10-16 who register.

Training will be
9 a.m.-1 p.m. each day.
Participants must have
their own skateboard
and protective equipment.

283-4366



Start getting ready now

2004 Air Force Marathon

September 18, 2004

Call the Fitness Center for details.

Or visit the official website at:

<http://afmarathon.wpafb.af.mil/registration.htm>

283-2631

Youth Center

☎ 283-4366

Volleyball Clinic

June 21-24 for ages 10-16 yrs. Cost is \$10
and includes T-shirt, open to the first 18 to
sign-up.

Surf's Up

Schedule a class and learn basic techniques
and ocean awareness in a safe environment.
Classes are held at St. Andrews State Park
and transportation is provided. Cost is \$40
per 2 hour session.

MLS Soccer Camp

July 19-23. Open to youth ages 4-18 yrs.
Cost is \$45 for 4-6 yr. olds and \$65 for
everyone else. Campers receive a MLS ball
and T-shirt. Applications are currently available
at the Exchange Mall and the Youth Center.

Tyndall Base Library presents:

The Librarian from the Black Lagoon

the 2004 Summer Reading program
which will take place every Wednesday
11:30 a.m.-1 p.m.
from June 9 until August 4 this summer
Call 283-4287 for more information.

NCOIC Needed

NCOIC needed for highly visible Base
Honor Guard program. Minimum
requirements:

1. Must be a SSgt or above and have
complete 7-level training.
2. Must possess 16 months retainability.
3. Must have experience with Microsoft
Word, Power Point and Excel.
4. Must present a positive personal image
and possess the ability to brief upper
echelons of military and civic leaders
alike.
5. Experience in Honor Guard preferred,
but not required. Use the targeted resume
format from the Tongue and Quill and turn
in to the OIC, 2 Lt Carolyn Czepiga,
X1108, NLT Jun 16. A selection board will
be held the week of June 21-25 and
results will follow soon after. Training/Start
date for the position is tentative for July 1.

34th Annual Panama City Open at the Tyndall Marina Club

Spearfishing Tournament

June 18-20, 2004

Important Dates & Times:

Register/Mandatory Safety Meeting: 6:30 p.m., June 17, 2004 (This is mandatory for all competitors.)
Competition: 6 a.m., June 18 - 12 p.m., June 20 • Weigh-ins: June 18 & 19, 5-8 p.m., June 20, 9 a.m.-
noon Only those divers who have notified the weigh master in person and are waiting in line at the
cutoff time to weigh fish are eligible. Awards Ceremony will follow the last weigh-in when scores are
tabulated. Fish Fry: Starts at 11 a.m. on Sunday (Open to the Public)

For more information call: 283-3059

DOD begins Tricare retail pharmacy program

WASHINGTON (AFP) - The Department of Defense announced the new Tricare Retail Pharmacy (TRRx) contract takes effect for Tricare beneficiaries located in the 50 United States, the District of Columbia, Puerto Rico, the U.S. Virgin Islands and Guam. The contract, awarded last year to Express Scripts Inc. of Maryland Heights, Mo., has approximately 53,000 civilian pharmacies in the nationwide network. In the past, the Tricare regional managed care support contractors provided retail pharmacy services and most beneficiaries should not notice the change in services with the new contract. To use the new retail pharmacy program, as with all other DoD health programs, beneficiaries must be eligible and enrolled in the Defense Enrollment Eligibility Reporting System or DEERS.

"The new single contract integrates the previous regional contracts into one uniform retail pharmacy benefit across all Tricare regions," said Army Col. William Davies, director, DoD pharmacy programs.

The TRRx program has many new enhancements. Pharmacy claims processing is now centralized and beneficiaries no longer

have to mail pharmacy claims to multiple sites for processing or call various telephone numbers to get assistance filling a prescription when using the retail network. Patient safety has also been enhanced by use of the Pharmacy Data Transaction Service to process all pharmacy claims, including paper claims.

For a single copayment of \$3 for generic or \$9 for a brand-name prescription, eligible TRRx beneficiaries may continue to receive a 30-day supply of their prescription medication from the new network of retail pharmacies.

To use this benefit, a written pharmacy prescription and a uniformed services identification card are required. Tricare beneficiaries who used a retail pharmacy last year will receive, by mail, a pharmacy identifica-

tion card, a TRRx benefit guide and a letter listing the twelve network pharmacies close to their home.

The TRRx benefit is now portable. Beneficiaries traveling outside of their designated

Tricare region who need to fill a prescription are no longer required to pay the full prescription price, or file a Tricare claim to get reimbursed for their out-of-pocket expenses when they use a Tricare retail network pharmacy. Pharmacy co-payments are the same in every location where the TRRx is available.

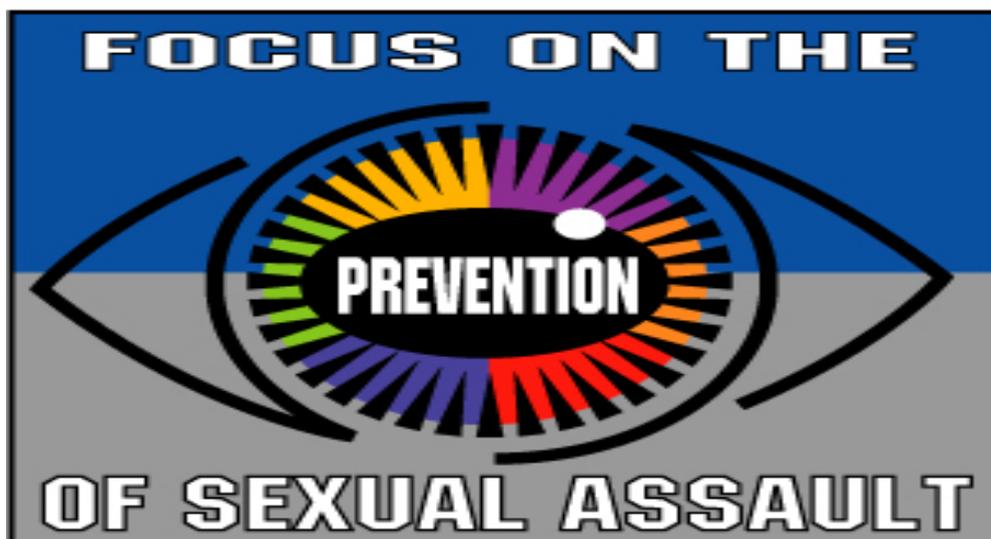
To locate a network pharmacy, beneficiaries may use the Tricare pharmacy locator service available on the Express Scripts Web site at www.express-scripts.com/TRICARE, or they may call (866) 363-8779.

For eligible beneficiaries with other health insurance, Tricare pays after all other insurance plans have paid. To use Tricare as the secondary payer or to obtain reimbursement for their out-of-pocket pharmacy expenses, beneficiaries will need to submit a Tricare claim form (DD Form 2642) and a receipt for their prescription medication to Express Scripts for processing. If the medication under the beneficiary's OHI is not a covered benefit or if the beneficiary's prescription coverage has ended for the year, Tricare will pay as the primary insurance payer.

The TRRx benefit is not available for beneficiaries who reside or travel outside the U.S. or its territories. These beneficiaries are encouraged to use a military treatment facility, if available, or the Tricare Mail Order Pharmacy program to fill their prescription medications. Express Scripts can mail prescription medications to any U.S. postal address or to an APO/FPO address. However, Express Scripts cannot send prescriptions to a private, foreign address. Prescriptions mailed to beneficiaries in overseas locations must be prescribed by providers who are licensed to practice in the United States.

• A downloadable Tricare claim form is available on the Express Scripts Web site at www.express-scripts.com/TRICARE or on the Tricare Web site at www.tricare.osd.mil/claims.

• Pharmacy claims filed with Express Scripts should be mailed to: Express Scripts, P. O. Box 66518, St. Louis, MO, 63166-6518.



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PREVENTION

OF SEXUAL ASSAULT

Make

The Call!

HQ AETC HOTLINE (TOLL FREE)

1-888-351-9477

