Gulf Defender

Vol. 65, No. 47 | Tyndall Air Force Base, Fla. *Training Expeditionary Airpower Experts* | Dec. 8, 2006

In Brief

Clinic closes during training hours

Tyndall clinic services will be closed after noon Wednesday for training. This includes laboratory, radiology and pharmacy services. All services re-open Thursday morning.

Airmen's cookie drive

Homemade cookies are needed for Team Tyndall's annual Airmen's Cookie Drive. Cookie donations will be collected from 7 – 9 a.m. Monday at the loading docks behind the Commissary. Donations will be distributed to Airmen in the dormitories for the holidays.

Golden Age holiday party cookie donations

Cookie donations for the annual Golden Age holiday party will be accepted until Tuesday at the First Term Airmen Center and the 325th Operations Group, Bldg 219, Suite 1. For more information, contact Chief Master Sgt. Arleen Heath at 283-2037.

Inside

ALS class graduates ... **Page 7**

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Master Chief Petty Officer Gregg Snaza

Sounding off

Tech. Sgt. Iain Morrison, right, deployed from the 325th Civil Engineer Squadron, plays the bagpipes with Army Maj. Neil Anderson, deployed from Ft. Jackson, S.C., during a tribute to fallen comrades in front of the U.S. Embassy complex in the International Zone, Baghdad, Iraq.

Tyndall meets historic Doolittle Air Force family

Chrissy Cuttita
325th Fighter Wing Public Affairs

During Jonna Doolittle Hoppes' book signing event here Tuesday, many people were able to get a glimpse into the lives of well-known Air Force heroes.

Hoppes' "Calculated Risk: The Extraordinary Life of Jimmy Doolittle" is a memoir of her famous grandfather, retired Air Force Gen. Jimmy Doolittle. Retired Master Sgt. Ed Horton, who worked for the general as one of the famous "Doolittle Tokyo Raiders," attended the events here and autographed books.

"As a child growing up in the Doolittle household, I was relatively unaware of the public personas of my grandfather and grandmother," said Ms. Hoppes. "To me, they were simply Granny and Gramps, and their home was Doolittle Central, a place of unconditional love and laughter."

General Doolittle, retired in May 1946, was a Medal of Honor recipient, pioneer holder of speed records, leader of the first aerial attack on the Japanese mainland and famed World War II air commander.

Fourteen hours of flying over the Sea of China in a B-25 is a memory that sticks with Sergeant Horton, then armament chief who maintained 50 and 30 caliber guns and bombs until July 1943.

"One time after we landed, I remember

• See DOOLITTLE Page 8

Isaac Gibson

Linking hearts

Spouses pose for a picture at Heart Link Dec. 1 at the Officers' Club. Heart Link is an orientation offered to every Air Force spouse to learn more about the Air Force mission, customs, and available resources and services. For more information, contact the Airmen and Family Readiness Flight at 283-4205.

Identify this ...

Can you identify this object? If so, send an e-mail to *editor@tyndall.af.mil* with "Identify this" in the subject line.
Three correct entries will be chosen at random and drawn from a hat to determine the final winner. The prize can be claimed at the Public Affairs office. No one correctly guessed the Dec. 1 "Identify This." Since it was so hard, we may run it in a future issue of the *Gulf Defender*.

ON THE STREET

325th Aeromedical-Dental Squadron focus:

What advice would you give to others so they stay healthy during winter months?

"I tell people to keep a healthy diet, exercise regularly and get plenty of rest."

Marilyn Marsh
Commander's secretary

"For pilots who pull Gs, I stress an anaerobic activity, especially abdominal-targeted exercise."

Staff Sgt. Rodrigo Vener
Aerospace physiology flight

"I'd advise people to adjust their diet. Eat less sweets and more protein. For example, eat peanut M&M's instead of plain. Also, floss your teeth daily."

Lt. Col. Gary Piorkowski
Dental operations flight

"I'd advise people to wash hands. It is the main reason why people get sick. The flu is going around, and many people have runny noses so germs spread."

Airman Jayne Duda
Public health

Gulf Defender Editorial Staff

Brig. Gen. Tod Wolters.....325th FW commander
Maj. Susan A. Romano.....chief, 325th FW public affairs
Chrissy Cuttita.....chief, internal information
Staff Sgt. Stacey Haga.....editor
Airman Glenn Moore.....staff writer

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The deadline for article submissions to the Gulf Defender is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the Gulf Defender to Tyndall base housing sections is provided by the Panama City News Herald.
For more information, or to advertise in the newspaper, call (850) 747-5000.

Senior leaders' letter to Airmen: Be safe this holiday season

(Editors note: This is a joint message from the Secretary and Chief of Staff of the Air Force on holiday safety.)

The holiday season gives many of us the well-deserved opportunity to relax and celebrate with friends and family.

But for some the holidays can be stressful, especially when heightened by separation from loved ones. This time of year includes unique opportunities for activities and emotions that we should be both grateful for and wary of.

We're asking you once again to keep a close eye on your Wingmen - your friends, loved ones and fellow Airmen – this holiday season. Continue to play an important role in preserving the Air Force's most precious resource – people.

Although we already put a lot of emphasis on safety, we can all do more to look out for our Wingmen. Eight of our precious Airmen have committed suicide this fiscal year. Many of these heartbreaking tragedies could have been avoided if Wingmen had intervened.

In fiscal year 2006 we lost 45 Airmen to private motor vehicle mishaps and countless others were injured. Most of these could have been avoided with proper risk management decisions.

During this season, in particular, many off-duty activities carry significant inherent risk that can easily be compounded by exceeding individual capabilities, drinking alcohol, failing to follow proper procedures or wear the proper gear, and failing to plan for winter travel.

It takes leadership – both from individuals and the chain of command - to prevent needless losses. Leaders at all levels must focus attention on sound individual decision making, a disciplined approach to risk management, and the importance of educating, motivating, and activating.

Educating means building the knowledge, skills, and character to behave safely and decrease risk exposure.

Motivating means giving fellow Airmen the incentive to make the right decisions.

Activating means providing the tools to act safely and ensuring each Airman understands the importance of making the right choice.

Ultimately, we can all make a difference, both for the friends and families of our Airmen and for the nation as a whole. Each life we save and each mishap we prevent translates directly into preserving combat capability for our nation. We are at war and need every Airman combat ready and in the fight.

We are grateful for the friends and family who understand and support your sacrifices, and wish them warmth and comfort this season under the blanket of security you provide. We're grateful for Airmen who demonstrate that the defense of freedom is an unyielding endeavor and live by ideals that never take a holiday.

Today, nearly 700,000 total force Airmen are answering the call to serve as part of the Joint Team, defending our nation here at home or deployed a world away.

Wherever your service takes you this holiday season, be safe, proud and certain that all Americans value and appreciate you. We remain amazed by what you do every day for our great nation. You have our heartfelt thanks.

(*Courtesy of Air Force Link Senior Leader viewpoints*)

Sergeant gives tips on escaping the burden of credit card debt

MASTER SGT. JEFFREY T. SANNER
Air Force Materiel Command Manpower, Personnel and Services

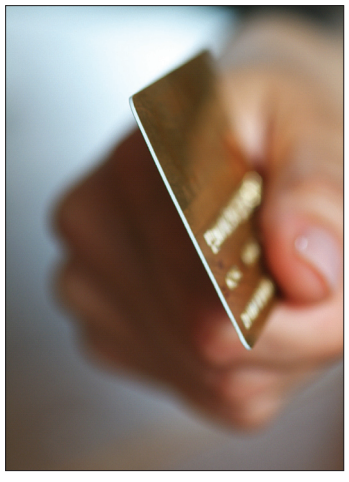
WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFPN) -- Let's face it: Credit card debt is a heavy burden to carry. Current statistics report that American credit card debt is $785 billion, or an average of about $7,500 per household.

Yes, credit cards are convenient. There is nothing wrong with maintaining a credit card for emergency purposes or the occasional large purchase. The problem arises when we misuse credit cards, using them as a supplement to our income.

When this happens, and debt accumulates, the stress produced can take a toll on our personal relationships, our peace of mind, and even our health.

A good rule to follow when looking to purchase anything is if you don't know when or how you will pay for an item, then you probably can't afford the item, and therefore shouldn't "charge it."

That's good advice, you say. But what if you are already over your head in debt, or you just want to knock out some balances you have been carrying? Here are some tips that can help you:



1. Stop spending. The first step is to reduce your use and dependence on credit cards. Cut up all but one card with the best terms. You can't use a credit card that is maxed out anyway, and you will reduce the temptation to use it again once it is paid off.

An interesting piece of advice I read was to freeze the card in a cup of water. This will reduce your access to it, and create a barrier to using it for convenience.

2. Get on a budget. You need to know where your money is going before you know how much you can pay toward your cards.

This will also ensure that your mandatory bills,

• SEE DEBT PAGE 4

Action Line

Call 283-2255

BRIG. GEN. TOD WOLTERS
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers to help you resolve any issues with a base agency.

Commissary	**283-4825**
Pass and Registration	**283-4191**
Medical and Dental	**283-7515**
MEO	**283-2739**
MPF and I.D.	**283-2276**
SFS Desk Sgt.	**283-2254**
Services	**283-2501**
Legal	**283-4681**
Housing	**283-2036**
CDC	**283-4747**
Wing Safety	**283-4231**
ADC	**283-2911**
Finance	**283-4117**
Civil Engineer	**283-4949**
Civilian Personnel	**283-3203**
Base Information	**283-1113**

Thank you for helping me improve Tyndall, and I look forward to hearing from you.

• **From DEBT Page 3**
i.e. food, housing, car, etc., are paid first.

3. Establish an emergency fund. Establishing $500 to $1,000 in savings will provide a safety net for life's little emergencies, and will avoid adding to your credit card balances.

4. Find the hidden money. If you are honest about your expenditures you probably have some luxuries you could live without.

Luxuries such as premium cable/satellite, internet and cell phone packages are not necessary for survival.

5. Pay your highest-dollar cards first. List each of your credit cards, their interest rates and their minimum payments.

Pay the minimum balance on the lower interest cards, and then pay the maximum you can afford to the highest interest card. This process is called laddering.

6. Make two payments a month. Each payday send a payment to the highest rate credit card company. This pays down the principal faster, and is equal to an extra month's payment over the course of a year.

7. Consider finding extra income. A part-time job can help accelerate your debt repayment. Even just a few hours a week can provide a boost.

8. Seek help. We go to the doctor when we are sick, so get some help, if your finances are suffering. Your base Airman and Family Readiness Centers have certified financial counselors on staff ready and willing to help you. Their only goals is to ensure your readiness to support the Air Force mission.

You can do this! You have the power to make wise choices and be financially free. It will require discipline as well as willingness to examine and change spending habits.

The good news is that regardless of where you are at, you can chart a course to be free from credit card debt.

Happy Anniversary Tyndall AFB

Tyndall opened Dec. 7, 1941 for training.

Home of Air Dominance

Tyndall lease signing

Residents need to bring a copy of the servicemember's most recent Leave and Earning Statement. For more information, contact the GMH Community Management Office at 286-1700.

Below is the GMH schedule, based on street names, for lease signing at the Education Center, Bldg. 1230:

Dec.11

8 a.m. – noon, Star, Dagger, Constellation and Falcon; noon – 4 p.m., Beacon Beach, Voodoo and Sabre

Dec. 12

8 a.m. – noon, Eagle, Sidewinder and Bomarc; noon – 4 p.m., Starfighter, Thunderchief, Delta, Dart and Phantom

Dec. 13

8 a.m. – noon, Sentry Lane, Bay View and Shoal Point; noon – 4 p.m., Redfish Point

Dec. 14

8 a.m. – noon, Adams, Andrews, Bullard and Vosler; noon – 4 p.m., Clay, Hackney, Hunt, Mathies, Maysey, Pitsenbarger and Smith

Dec. 15

8 a.m. – 4 p.m., make-up day

CONR flights support space shuttle launch

STORY AND ILLUSTRATION BY
MIKE STRICKLER
AFNORTH Public Affairs

With the launch of space shuttle mission STS-116, fighters assigned to the U.S. Continental NORAD Region stepped up air defense deterrence missions in the Cape Canaveral area.

In additional to the increased sorties two F-16s from the 20th Fighter Wing at Shaw AFB, S.C., flew low approaches at four major airports in the greater Orlando, Fla., area, including Orlando Executive, Orlando Sanford International, Daytona Beach International and Melbourne International,Tuesday.

They were supported by the 108th Air Refueling Wing from McGuire AFB, N.J.

According to 1st Air Force commander Maj. Gen. Hank Morrow, the patrols were a smart, efficient way to increase security and while helping to protect space shuttle launch operations in central Florida.

"The North American Aerospace Defense Command protects a variety of national assets throughout the nation on any given day," said General Morrow. "In this case we're increasing our sorties in the Cape Canaveral area during the space shuttle launch window.

"Those flights, as well as the F-16 sorties flown Tuesday, are part of CONR's continuing mission to protect America's airways and national assets," he said.

The sorties were carefully planned and closely controlled to ensure public safety while displaying NORAD's rapid response capability. CONR, under its parent command NORAD, has conducted air patrols throughout the U.S. and Canada since the start of Operation Noble Eagle – the command's response to the terrorist attacks of Sept. 11, 2001.

Although not a response to any specific threat, the sorties are an important element in the overall homeland defense mission.

"We want local citizens to recognize this as a prudent measure as we work around the clock for their continued protection," General Morrow said.

Vehicle registration update due

Drivers with a 2006 expiration decal have approximately one month to renew their vehicle registration with the 325th Security Forces Squadron pass and registration here.

A current driver's license, current state registration form and current proof of insurance card for each vehicle is needed to be updated. Pass and registration hours are 7:30 a.m. – 4:30 p.m. Monday through Friday.

Pass and registration is located at the intersection of U.S. Highway 98 and Sabre Drive, directly across from the Sabre gate.

For more information, call 283-4191.

Congratulations to Tyndall's Airman Leadership School graduates

(The following senior airmen graduated Tuesday.)

Daniel Alexander	325th OSS
Johnny Arias	325th ACS
James Boos, III	325th MXS
Richard Burton, Jr.	325th AMXS
Steven Colwell	325th AMXS
Pierre Delgado	325th SFS
Casey Farr	325th AMXS
Nathan Filson	66th TRS/Det. 2
Angela Giroud	325th AMXS
Anthony Gonzales	325th MDG
Tasha Goodrich	325th SVS
Jessica Hensley	325th SVS
Robert Hickman, II	325th AMXS
Eric Horner	325th AMXS
Adam Jacob	325th AMXS
Nicole Lindsay	325th AMXS
Alan Maisonet	325th AMXS
Janaya McCants	325th ACS
Manuel Medina	325th CS
Thomas Mendiola	325th MXS
Daniel Merlin	325th OSS
Erik Mount	325th AMXS
Paul O'Brien	83rd FWS
Adam Ostheimer	325th MXS
Joseph Ragan	325th SFS
Danny Ramirez	325th AMXS
Brian Riley	325th MXS
Dennis Rodriguez	325th AMXS
Jaroslaw Rostkowski	325th AMXS
Bethany Shillcox	325th OSS

John L. Levitow

Benjerman Kendrick	83rd FWS

Distinguished Graduate

Hanh Barreto	325th AMXS
Tamara Chippy	325th MOS
William Coarsey, Jr.	325th AMXS

Academic Award

Clifford Fallico	SEADS

Leadership Award

Jessica Carson	325th CS

• FROM DOOLITTLE PAGE 1

General Doolittle there to greet us with a hand shake," said Sergeant Horton. "He was always so busy we never had the opportunity to see him much."

The general was already a well known aviator before the first U.S. air retaliation attack in response to the attack on Pearl Harbor. He planned the mission of 16 B-25 medium bombers, which took off from the deck of the aircraft carrier USS Hornet with targets in Tokyo, Kobe, Osaka and Nagoya, Japan.

The daring one-way mission April 19, 1942, electrified the world and gave America's war hopes a terrific lift, according to General Doolittle's official biography.

"My grandfather felt the (Doolittle) Raiders were a family, his 'boys,'" said Ms. Hoppes. "The remarkable thing about him was that he was well known, but he was down to earth and humble so he didn't play on it."

Ms. Hoppes remembered the Doolittle home as a "hub of interaction," full of visitors from all levels of the aviation profession.

"When you are a child of someone who achieves that much, expectations are high and there is sometimes a fear of failure," said Ms. Hoppes about growing up in the Doolittle household. "He kept aviation in the forefront and had a full career."

Outside of flying with his "boys," Ms. Hoppes remembers her grandfather telling her stories about barnstorming and stunt flying, the additional duties he took on to better study the art and science of aviation.

The greatest storyteller was Joe Doolittle, said the author about her grandmother.

"She is an enormous role model for military spouses," said Ms. Hoppes. "My grandmother had the patience of a saint. She stood by him (General Doolittle) throughout his life, usually beside him, but occasionally prodding from behind and sometimes in the lead. She was gentle, kind, intelligent, loving and equally determined."

Hundreds of letters written by Mrs. Doolittle to her husband, hours and hours of questioning her father about what it was really like and referencing numerous published articles and books about General Doolittle were all sources Ms. Hoppes relied on to write her book.

"I want to keep alive the memory of my grandparents as the people I knew," said Ms. Hoppes. "I also tour (with the book) to get as many veterans as possible to tell and record their story."

"I want to give back what they gave to us," said Wes Fields who often escorts Sergeant Horton to events like the one held here. "We have things in common, being that I was a gunnery sergeant too. I escort World War II veterans whenever I get the chance. It's an honor."

Lisa Norman

Lt. Col. Ted Davis, 325th Air Control Squadron commander, meets retired Master Sgt. Ed Thorton, an original "Doolittle Raider," and Jonna Doolittle Hoppes at a book signing event Tuesday in the Base Exchange.

Sergeant Horton has been traveling with Mr. Fields for five years.

"The most significant story Ed (Sergeant Horton) will tell you about is flying over 14 hours in the rainy dark sky out of gas and having to bail out," Mr. Fields said.

According to Ms. Hoppes, the planning and execution of the Tokyo raid was based on calculation and study, hence she gave her book the title "Calculated Risk."

"He (General Doolittle) was the master of calculated risk," said Ms. Hoppes. "Every man on that mission had a reason to believe that he had a good chance of returning home safely. *Calculated Risk* is a biography, journal of historical events, memoir and love story. It is a window to the public and private lives of Jimmy and Joe Doolittle as world citizens, parents and grandparents."

Checkertail Salute

Senior Airman Jason Amaxopulos

Airman Glenn Moore

Airman Amaxopulos receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Tod Wolters, 325th Fighter Wing commander.

Airman Amaxopulos, 325th Medical Group, received the award for becoming the first Airman at Tyndall to be a certified Attenuating Custom Communication Earpiece System specialist. He also ensured 51 Special Operations Command personnel were fully qualified for short notice deployments in support of Operation Iraqi Freedom.

Duty title: Aerospace physiology apprentice
Hometown: Columbia, S.C.
Time on station: Seven months
Time in service: Five years
Hobbies: Sports and hanging out with friends
Goals: Finish my nursing degree
Favorite thing about Tyndall AFB: The beaches
Favorite movie: "Boondock Saints"
Favorite book: "Catch 22" by Joseph L. Heller
Pet peeves: Ignorance
Proudest moment in the military: Getting senior airman below the zone

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

Telecommunications monitoring

Department of Defense-owned or leased telephone systems, facsimile machines, data modems, cellular telephones, and automated information systems and networks are provided for the transmission of official government communications.

They are subject to telecommunications monitoring at all times in accordance with DOD Directive 4640.6 and Air Force Instruction 33-219. Use of these telecommunications system devices constitutes consent by the user to monitoring.

For more information, contact the 325th Communications Squadron at 283-4519.

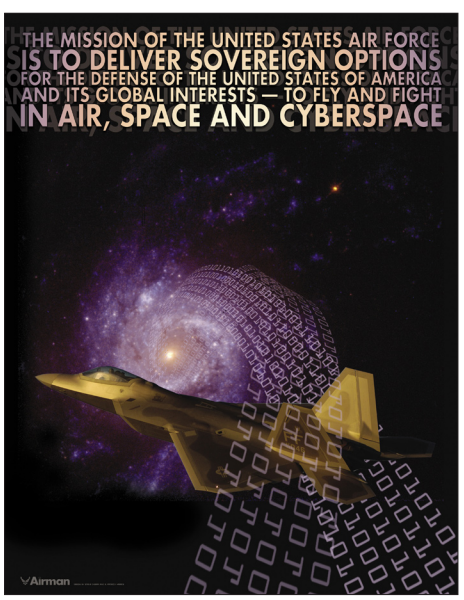
Training Spotlight

What keeps you motivated during the long days and hours of class?

"Getting back to my family and hopefully being somewhere close to Texas. Also, class helps because we're very competitive and that's always a motivating factor."

SECOND LT. MICHELLE VILLAREAL
325th Air Control Squadron ABM student

Congratulations to Mission Ready Airmen graduates of Class 2007-007 from the 372nd Training Squadron/ Detachment 4!



Making way for an Air Force hero ...

Renaming TNCOA after the service's first chief master sergeant

CHRISSY CUTTITA
325th Fighter Wing Public Affairs

For years Tyndall's NCO Academy hoped they could rename their installation after the first Chief Master Sergeant of the Air Force, and it is finally becoming a reality 11 a.m. Wednesday.

Since Chief Master Sgt. of the Air Force Paul Airey retired in 1970, his legacy has been carried on in professional development classes here. Every class gets to hear his story, learn from him and receive professional feedback.

"He has talked about the next generation of leaders to that next generation," said Chief Master Sgt. Thomas Schwenk, the 12th NCOA commandant. "It is a big part of talking about past history and it's a big deal that he invests that time to those future leaders."

Once one base renamed their academy there was a "snowball effect" of other academies trying to help preserve Air Force history.

"I inherited the project, but it was our last commandant, Chief Master Sgt. Bradley Hitzeman, that spent much time on the official package to request the name change," said Chief Schwenk.

Because everyone on Tyndall is invited to attend the historic ceremony Dec. 13, instructors, students and staff have been taking time in between studies to prepare. They redecorated the lobby by putting a showcase of Chief Airey memorabilia on display. New lettering will add the chief's name to their building name. A metal cast plate with a profile of the "enlisted hero" is being made for a stand outside their building.

Chrissy Cuttita

Tech. Sergeants Jennifer Mixon and Cathy Berry, Tyndall NCO Academy professional military education instructors, prepare the display of retired Chief Airey's uniform in time for the renaming ceremony Wednesday. The NCOA will be renamed the after the chief, in honor of him being the first chief master sergeant of the Air Force.

Senior Master Sgt. Steve Ross

Master Sgt. Tim Barnett, NCOA profession of arms superintendant, places a magazine in one of the Chief Airey display cases.

"Not only is Chief Airey the first Chief Master Sergeant of the Air Force, he is a graduate of this institution," said Master Sgt. Beverly Demmerly, NCOA superintendent of plans and programs who headed the rededication committee of faculty and students. "His continued support of the Air Force and this academy speaks volumes concerning his commitment to the service, particularly enlisted professional military education."

All NCOA education centers on leadership during the six-week course for students here, so it fits well that their installation will now be named after the first leader listed in their text book of Air Force Chiefs.

As a chief himself, the commandant of the academy is excited to enter his new special duty assignment with such special events taking place. Chief Schwenk came to lead the academy just six weeks ago after serving as a first sergeant for nine years.

"Developing the next generation of senior NCOs for combat leadership is my goal here," he said.

The academy holds seven classes a year for approximately 185 students from more than 10 bases. NCOs normally are enrolled in the course within two years of promotion to technical sergeant. The top three skills they learn to master in their coursework are leadership, communication and profession of arms.

"To name this academy after (Chief Airey) is a fitting tribute to a man who's given so much and whose legacy is deserving of such an honor," said Sergeant Demmerly.

Breaking it down with Tyndall's Recycling Center

PHOTOS AND ILLUSTRATIONS BY STAFF SGT. STACEY HAGA
325th Fighter Wing Public Affairs

Recycling – almost everyone has heard about it and it's benefits, but how does trash get to the recycling center? More importantly, what exactly goes in a recycling bin?

"Actively participating in recycling is one of the simplest and most direct ways everyone can make an immediate positive environmental impact," said Steve McLellan, 325th Civil Engineer Squadron environmental compliance chief. "Recycling is easy. It's just developing new habits and taking the extra moment to put the recyclables in the proper container rather than in the trash."

How products are separated into bins largely depends on the recycling center responsible for them. Fortunately, Tyndall's Recycling Center strives to make recycling as easy as possible for Team Tyndall with several collection spots on base and the processing of several recyclable items.

In addition to the "normal items" such as glass, paper, plastic and aluminum, the center recycles cardboard, ink cartridges and batteries.

"It costs money to dispose of garbage, and if we can more efficiently get the recyclable material out of the garbage, our disposal costs go down, plus we receive money when we sell the recyclable material," said Mr. McLellan.

"Tyndall saves about $400,000 per year based on the combination of garbage disposal costs avoided and money received for recycled material," he continued. "The savings would be even higher if we had better participation by everyone who worked on base."

One suggestion to improve recycling participation is to make it convenient by placing numerous recycle containers in convenient locations. Keep that area clean and call 283-CANS (2267) for pick-up before overflowing.

Benefits of recycling include reduced need and cost for land filling and incineration, significant energy savings and reduction of pollution, decreased emissions of greenhouse gases and conservation of natural resources like timber, water, and valuable minerals.

"For example, it takes 95 percent less energy and generates 95 percent less pollution to make a new aluminum can by melting an old one, versus making a new aluminum can by mining the bauxite ore and processing the ore into a new aluminum can," said Mr. McLellan.

In almost every building where people work, recyclable materials can be found. Tyndall's recycling center offers tips on how to recycle many items.

For more information, contact the Tyndall Recycling Center at 283-CANS.

Master Sgt. Travis Fritts, 325th Fighter Wing Career Assistance Advisor, does his part in conservation by recycling a cardboard box at the recycling drop-off across from the First Term Airmen's Center. When recycling cardboard, empty its contents and remove any plastic connected to the box, then breakdown the box so it is easier for the recycling center staff to pick up.

Tyndall's Recycling Center recycles used batteries and ink cartridges for Team Tyndall. To recycle them put them in a box or bag and place next to a bin and label them "Recycle."

Sergeant Fritts recycles a few plastic and glass bottles. Plastic items labeled with a 1 or 2 are recyclable here. Rinse the bottles, discard the cap, and crush the bottle before recycling. When recycling aluminum items, make sure they are clean. Crushed cans are appreciated, they take up less space in the recycling bins.

Tyndall's Recycling Center can not accept ceramics or mirrors.

Staff Sgt. Melissa Johnson, 325th Fighter Wing, recycles the *Gulf Defender* after reading it. Paper products such as newspaper, magazines and phone books are all deposited in the newspaper bins. The center requests magazines and similar items be bagged seperate form other paper items for easier sorting.

When recycling wrapping paper and other packaging items from the holidays, put them in a box or clear bag for easy pickup. Housing residents can leave these items at the curb for pick up on Dec. 26.

Briefs

CE closes temporarily

The 325th Civil Engineer Squadron will be at minimal manning for an official function 11 a.m. to 4 p.m. Dec. 15. There will be continuing customer service, fire, flightline and emergency/urgent response services. For facility emergencies that require immediate attention, contact the 325th CE customer service at 283-4949.

Technology Exposition

The 325th Communication Squadron will host a free Technology Expo 10 a.m. to 2 p.m. Tuesday at the Officers' Club. All personnel are invited to attend. Exhibitors will demonstrate the latest in communication technology. For more information, contact Keren Bogaczyk at (888) 603-8899, ext. 239, or via e-mail bogaczyk@ncsi.com.

Golden Age holiday party

Tyndall will host its annual party for veterans and their spouses from 1 p.m. to 3 p.m. Wednesday at the Enlisted Club. For more information, contact Chief Master Sgt. Sharrell Callaway at 283-8845. To volunteer, contact Senior Master Sgt. Mike Goetz, at283-8387.

Information fair

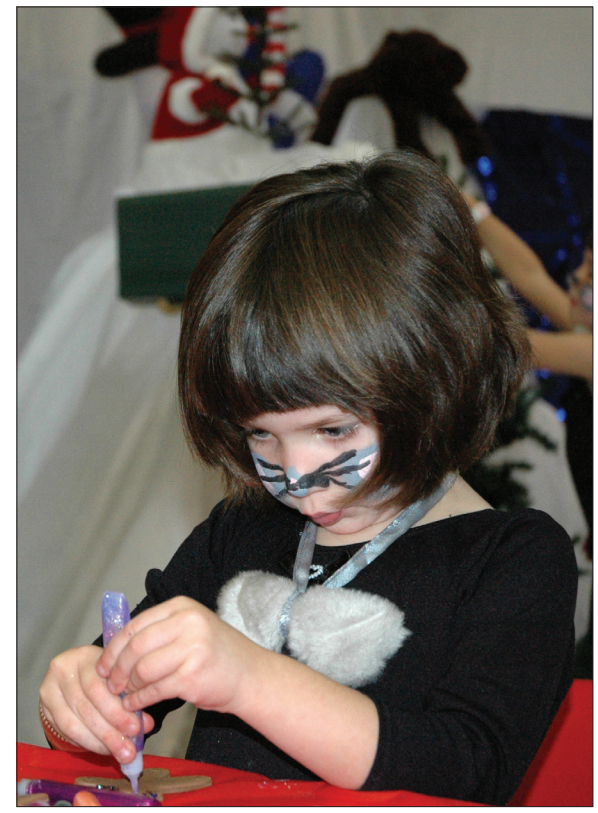
Tyndall's Alcohol and Drug Abuse Prevention and Treatment Program will host a National Drunk and Drugged Driving information fair 10 a.m to 3 p.m. Wednesday in front of the Base Exchange. Members from the 325th Security Forces Squadron, Airman Against Drunk Driving and the Drug Demand Reduction office will also be present.

ERAU registration

Embry-Riddle Aeronautical University Spring 2007 Term begins Jan. 8. Registration will be held through Dec. 15 and Jan. 3 – 5 in the Education Center, Room 48. Applications are available online under Web registration/forms. For more information, call 283-4332.

GCCC announcements

Registration is on-going at the Gulf Coast Community College Tyndall Center for spring classes beginning Jan. 4. Accelerated eight-week distance education and traditional courses start that term.



Photos by Chrissy Cuttita

Christmas prep

Left: Mikaelah Grant writes a letter to Santa. Right: Emily Douglas makes a Christmas ornament. Both girls were at the Youth Center Saturday for the annual Breakfast with Santa. Military families enjoyed pancakes and children had the opportunity to make Christmas crafts.

Troy University

Registration for Troy University Term 3 runs through Dec. 29. Classes start Jan. 2 and end March 11. Students may register with an advisor at any Troy University location or online by accessing Trojan WebExpress at www.troy.edu.

Education Grant Program

The Air Force Aid Society's General Henry H. Arnold Education Grant Program provides $2,000 grants for undergraduate studies.

The deadline for 2007-2008 academic year submissions is March 9.

Use of funds is limited to tuition, books, fees, or other curriculum-required materials.

To apply, visit the Airmen and Family Readiness flight in Bldg. 745 or go to www.afas.org. For more information, contact the flight at 283-4204.

ANG part-time vacancies

The Air National Guard units in Montgomery, Ala., have part-time vacancies. Contact Master Sgt. Vonsetta Love at (334) 394-7190 or (800) 368-4481 or e-mail her at vonsetta.love@almont.ang.af.mil. For more information, visit www.goang.com.

The 106th Maintenance Group, Westhampton Beach, N.Y., has several full-time and part-time openings. If interested, contact Col. Robert Landsiedel at (631) 723-7497.

Thrift Shop needs new manager

The Thrift Shop is now taking applications for the manager position. For more information, stop by or call the Thrift Shop at 286-5888. Applications will be accepted until Dec. 15.

Thrift Shop

The Thrift Shop is open Wednesday-Friday from 9:30 a.m. to 12:30 p.m. Winter clothing will be accepted for consignment through March 1. The store will be closed Dec. 20 – 29 for the holidays. For more information, call 286-5888 during business hours.

Officers' Spouses' Club

The Tyndall Officers' Spouses' Club will have a Christmas Social 10:30 a.m. Tuesday at the Officers' Club.

Catholic services

Daily Mass, 11:30 a.m.
Monday–Friday,
Chapel Two
Reconciliation, 11 a.m. Fridays
or by appointment
Chapel 2
Sunday Mass, 9:30 a.m.,
Chapel Two
Religious Education, 11 a.m.,
Bldg. 1476

Protestant services

Traditional worship service,
9:30 a.m., Chapel One
Contemporary worship service,
11 a.m., Chapel Two
Wednesday Fellowship,
5 p.m., Chapel Two

(For more information on other services in the local area, call the Chaplain's office at 283-2925.)

Colts, CONS feel heat, standings tighten

Pigskin prognosticator
From the Emerald City

Surprise! The Colts are having trouble with their defense again.

Maybe the defense was a little overrated coming into this season anyway. Last season the defense gave up a lot of yards, but survived on turnovers and sacks. This year offenses have begun double-teaming Indianapolis defensive end Dwight Freeney and as a result their defense has crumbled. Offenses have time to throw against their injury ravaged secondary.

After this week, the Colts are the 16th best defense in yards per game, which isn't too bad. That's about average, but they are the worst team in the league on third downs and second worst on fourth. Everyone knows if you can't stop anyone on third and fourth down you're going to have trouble winning. It also begs me to wonder how far the Colts can make it in the playoffs. Every year we all talk about how offense may win games, but defense wins championships.

So, how far will the Colts make it this year and how's their confidence? It can't be too good after losing to Tennessee last weekend. Granted the Titans are playing better than most have expected, but they still have the worst defense in the league to go along with an inconsistent offense.

If Indianapolis is having trouble with Tennessee on the road, what will happen in the playoffs?

Indianapolis definitely doesn't want to play San Diego on the road and don't write Baltimore off just yet. Baltimore has the easiest remaining schedule of all the division leaders.

Both opponents would be difficult for Indianapolis. Both teams have great defenses, which pressure the quarterback. San Diego hasn't lost this year at home and Baltimore has lost one game at home.

Indianapolis had better wake up because their lead on the rest of the conference is shrinking.

To another team whose lead is shrinking, CONS' lead was cut down to one this week. After an abysmal seven correct picks this week, everyone except MXS, which had six correct picks, gained on the Pig Prog leader.

I tried to reach CONS picker Thomas Reese for comment, but he avoided phone calls from my inquirer all week. I'm not surprised though, I'm sure he's off in the corner crying because I'm going to pass him in the coming weeks.

Since I couldn't get hold of CONS, I talked 1st FS picker Tami Viskochil. Her squadron gained on CONS a lot this week, so I was wondering how she did so well with all the upsets lately.

"I get online and check the injury and scouting reports a lot," said Viskochil. "Other than that I stick to who I think is the better team."

Although she's happy about gaining on CONS, she is also excited about something else.

"I also couldn't be happier than picking better than MXS," said Viskochil.

I sense a little bit of a rivalry here, but it seems there is a little rivalry from all the teams toward 1st FS. I guess you guys don't like losing to a woman. With that said I've heard a lot of pickers saying she's lucky. I asked Tami Viskochil what she thought of that.

"Some people are gifted with abilities and some aren't," said Viskochil. "My picks are all skill and no luck. If it makes them feel better, they can believe it's luck, but either way I'm still going to win."

Well she may have skill, maybe even enough to pass CONS. It won't be enough to hold me off though.

After I pass MXS this weekend my sights will be on CONS and 1st FS, if I don't pass them this weekend anyway. As the playoffs near, the true champion always rises above the rest, so step aside as I triumph over all you rookies.

Now let's get out there and watch some football!

Intramural Sports Standings

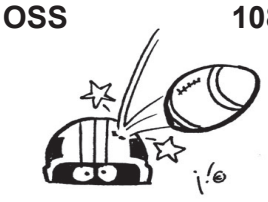
Bowling

Team	W	L	Team	W	L
SVS	88	40	AMMO	64	64
MSS	88	40	83rd FWS 2	64	64
MOS	86	42	AFNORTH 3	64	64
RED HORSE	80	48	AMXS 4	60	68
SFS	78	50	AMXS 2	60	68
Test	76	52	AMXS 1	58	70
DS2	74	54	Phase 1	58	70
AFNORTH 1	74	54	ACS 2	54	74
AFCESA 1	72	56	MDG	54	74
83rd FWS 1	70	58	ISRD	52	76
CES	70	58	CONS	48	80
AFCESA 2	70	58	372nd TRS	48	80
ACS 1	68	60	CS 2	46	82
43rd AMU	68	60	Phase 2	38	90
CS 1	64	64	Bye	16	112

Team High Game Scratch	AMXS 1	954
Team High Series Scratch	DS2	2717
Team High Game Handicap	SVS	1146
Team High Series Handicap	ACS 2	3184
High Male Game Scratch	Tony Garner	278
High Male Series Scratch	Gary Hite	652
High Male Game Handicap	Tom Reese	296
High Male Series Handicap	Pete DiZoglio	679
High Female Game Scratch	Donna Moses	192
High Female Series Scratch	Anglea Robeson	525
High Female Game Handicap	Laura Walsh	254
High Female Series Handicap	Erin Speier	685

Pig Prog Scorebox

CONS	117	CES	105
1st FS	116	NCOA	105
Pig Prog	111	ACS	101
MXS	111	28th TES	100
CPTS	110	CS	94
372nd TRS	110	SVS	90
OSS	108	MDOS	86
		SFS	85



Tigers sweep Bandits twice in week

The Tyndall Tigers men's varsity basketball team won both games against the visiting Bandits from Ft. Benning, Ga., in Southeastern Military Athletic Conference action Saturday and Sunday. In Saturday's game, Tyndall took down Ft Benning, 86–68. The Tigers hit the hardwood running kicking into high gear from the outset as they raced to a 43-28 lead at the intermission.

In the second half, Tyndall led by as many as 25 points, despite substituting liberally, and coasted to victory.

Tigers Melvin Smith and Anthony Showers tied for game scoring honors with 20 points each, followed by Jared Austin, 11, and Marqus Armour and Markus Manuel, 10 points each.

Manuel led in rebounding, and Smith led in both assists and steals with six and five, respectively. William Timothy led Ft. Benning in scoring with 14 points.

Sunday, Tyndall again beat Ft. Benning, 90–72, The Tigers once again took an early lead.They had no problem adapting to the defensive change that Ft. Benning made from the first game, switching from playing man-to-man to a zone.

Tyndall ripped the nets to take a 49-34 lead at the half.

In the second half, the Tigers, as in the previous game, were able to substitute freely and maintained a double digit lead throughout to take the victory.

Armour paced a balanced Tigers scoring attack with 20 points followed by Showers, 16, Smith and Ryan Cunningham, 13 points each, and Manuel with 12 points. Showers led in both rebounding and assists with 10 and six respectively. Timothy led the Bandits in scoring with a game high 24 points.

The Tigers are idle this weekend, but will host their arch rival – the Eagles of Eglin AFB, Fla., next.

(*Courtesy Tyndall Tigers*)

Pig Prog

325th CS picks for NFL Week 14:

Cleveland at Pittsburgh
Atlanta at Tampa Bay
Baltimore at **Kansas City**
Indianapolis at **Jacksonville**
Minnesota at **Detroit**
New England at Miami
N.Y. Giants at **Carolina**
Oakland at **Cincinnati**
Philadelphia at Washington
Tennessee at **Houston**
Green Bay at San Francisco
Seattle at Arizona
Buffalo at N.Y. Jets
Denver at **San Diego**
New Orleans at Dallas
Chicago at St. Louis

Col. Mike Beale, above left, Air Forces Northern contingency action team director, discusses exercise scenario responses with a CAT team member as Mr. Wayne Taylor, top right, and Maj. Dave Leard, bottom right, work civil support issues here during exercise Vigilant Shield 2007.

Warfighters sharpen homeland defense skills in two-week event

STORY AND ILLUSTRATION BY MIKE STRICKLER
AFNORTH Public Affairs

All week the Continental U.S. North American Aerospace Defense Command Region, a tenant unit at Tyndall, has dealt with a major aircraft accident involving nuclear weapons and worked to intercept foreign aircraft penetrating U.S. airspace.

Personnel also dealt with a murder-suicide, and monitored deteriorating world events that were teetering North America on the brink of nuclear war with other nations.

And you think you had a bad week?

Warfighters assigned to Air Forces Northern and CONR are honing the skills needed to respond to such threats during the exercise Vigilant Shield 2007, which will continue until Thursday.

This annual homeland defense exercise, sponsored by the North American Aerospace Defense Command, U.S. Northern Command and U.S. Strategic Command, tests the synchronization of the three commands in responding to complex scenarios that challenge the homeland defense matrix in the U.S. and Canada.

The two-week exercise challenges the joint team's ability to respond to asymmetric, around-the-clock attacks to better practice crucial warfighting skills, according to Col. Mike Beale, Air Forces Northern contingency action team director for VS07.

"I've worked on many staffs in my 25 years of service and this is one of the most challenging and rewarding assignments I've been associated with," said Colonel Beale. "The U.S. and North America are becoming increasingly hardened targets for any adversary, and our homeland defense is comprehensive, sophisticated and effective, but only because we train the way we fight, and that's what we're doing right now."

Vigilant Shield scenarios challenges USNORTHCOM's command and control matrix and their ability to provide defense support to the nation during a potential limited ballistic missile attack and maritime domain threat.

The command, based in Colorado Springs, Colo., is also exercising its role in supporting a lead agency in response to a simulated nuclear weapons accident.

At the national level, VS07 engages all military services, including Canadian forces in the U.S. and at the Canadian, Alaskan and U.S. NORAD regions.

Governmental agencies, such as the Department of Homeland Security, Federal Bureau of Investigation and Department of Energy, are working in conjunction with the State of Arizona and the city of Tucson, Ariz., to improve interagency cooperation while cementing relationships between local, state and federal agencies in response to real-world incidents.

"Exercises like this help us protect Americans where they work and live," said Colonel Beale. "Working with our sister services and national responders fosters the interagency cooperation that is so vital to ensuring homeland security."

(*Editor's note: First Air Force, a tenant unit at Tyndall, is charged with aerospace warning and aerospace control of the North American Aeropsace Defense Command's Continental U.S. region.*)

The Gulf Defender is published for people like Airman James Eden, 325th Aircraft Maintenance Squadron aircraft armament specialist.

Funshine NEWS

www.325thservices.com ★ Look for the Funshine Review inserted into the Gulf Defender the first of every month. ★

All Ranks at the O' Club

Sunday Brunch!

Oct. 22 10 a.m.-1 p.m.
$9.95*

*Members, show your club card to receive a $1 discount!

Menu Includes:

- Carving Station
- Omelets (made to order)
- Belgian Waffles
- Sausage
- Bacon
- Hash Browns
- Fresh Fruit
- Muffins
- Danish
- Biscuits & Gravy
- Scrambled Eggs

AIR FORCE SERVICES CLUBS

Members First

283-4357

Latin Night at the Zone

Dec. 16

9 P.M. TO CLOSE

ALL RANKS

-DRINKS SPECIALS

ENJOY AN EVENING OF DELICIOUS FOOD AND THE SOUNDS OF LIVE LATIN MUSIC!

CALL THE CLUB AT 283-4357

Bonita Bay **Holiday Shopping Trip**

December 16

San Destin Mall

Sign up by Dec 15
Reserve your space

283-3199 Cost $5.00

Wetslips Available

$4.50 per foot

Beacon Beach Marina
283-3059

Attention Team Tyndall: Place a *free* classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 30 words or less, of item being sold. Forms must be turned in by 2 p.m. Thursday for publication in the following Friday's Gulf Defender. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129, T yndall AFB, FL 32403, or faxed to 283-3225. Ads can also be sent in by e-mail to checkertailmarket@tyndall.af.mil.

Rank/Name _____

Unit/Office Symbol _____

Duty Phone _____

Home Phone _____

Item description (One ad per form)

(30 words or less)

We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf Defender better:

Did the front page grab your attention? Yes ☐ No ☐

Do you feel there is a good mix of local, command and Air Force-level news? Yes ☐ No ☐

Do the photos encourage you to read accompanied articles? Yes ☐ No ☐

Is the Gulf Defender easy to read and follow? Yes ☐ No ☐

What did you find most interesting in this week's paper? _____

If you could change one thing in the paper, what would it be? _____

Comments:

Isaac Gibson

Dedicated blessing

Chaplain (Lt. Col.) Paul Stewart, 325th Fighter Wing chaplain, blesses the altar during the Chapel 1 rededication ceremony Dec. 1. The chapel closed Jan. 16 for renovation and reopened officially 9:30 a.m. Nov. 5 for weekly Sunday Liturgical Service.

Tell your story

A long-format, weekly news show titled "Today's Air Force" is now available. The new program, which first aired Oct. 30, was introduced to help tell Air Force stories in a more in-depth manner.

The show features stories about the Air Force's latest programs, technology, exercises and operations among other subjects.

"Today's Air Force" can be seen every day on The Pentagon Channel and via Armed Forces Radio and Television Service. To submit a story idea for "Today's Air Force," or for any of the Air Force News Agency products, send an e-mail to storyideas@afnews.af.mil.

Airman Glenn Moore

Deck the trailer

Staff Sgt. Michael Crawford, 325th Maintenance Squadron munitions storage crew chief, places a pink flamingo in front of his squadron's tin trailer decoration in Flag Park. During the holiday season, Tyndall units display creative holiday greetings on the lawn.