



In Brief

Safety Day '07

Safety Day '07 will be held Friday from 9 a.m. to 2 p.m. at Heritage Park. The day will feature the Firefighter Challenge, Explosive Ordinance Device and robotics and Security Forces dog handler demonstrations.

Memorial Day hours for AFEES

AAFES hours for Memorial Day, May 28 are:

- Main Store, 10 a.m. to 5 p.m.
- Shoal Point Shoppette, 11 a.m. to 6 p.m.
- Class Six Shoppette, 10 a.m. to 5 p.m.
- Felix Lake Shoppette, 6 a.m. to 9 p.m.
- Anthony's Pizza, 11 a.m. to 4 p.m.
- GNC, 10 a.m. to 4:30 p.m.

All other AAFES facilities will be closed May 28.

Junior R.A.P.T.O.R.

Operation Junior R.A.P.T.O.R. is a program where children ages 6-14 go through the deployment process.

The program will be held June 1 from 8:30 a.m. to 2 p.m.

Registration date and time is Tuesday from 4 p.m. to 6:30 p.m.

If you are interest in volunteering, contact the Airman and Family Readiness flight at 283-4204.



Chrissy Cuttita

A female Loggerhead turtle lays her eggs on one of Tyndall's beaches. The safety of endangered species such as this turtle is why it is important to follow beach rules like not bringing your dog to the beach.

Tyndall cracks down on beach rules

**AIRMAN 1ST CLASS
ANTHONY J. HYATT
325TH FIGHTER WING PUBLIC AFFAIRS**

Summer is around the corner, which means it's time to head to the beach.

People go to the beach to relax, get a tan and to have fun, but often forget one thing. The beach is not just a place to hang out, it's also home to wildlife.

Starting Memorial Day weekend, the 325th Civil Engineer Squadron will issue tickets in force to people who violate the rules and bring their dogs to the beach.

"The beaches on Tyndall are Critical Wildlife Areas," said Wesley Westphal, 325th Civil Engineer Squadron, chief

of environmental conservation. "Dogs, and sometimes people, go into the wildlife areas and disturb the habitat, which is a violation of federal and state laws."

Before the boardwalk to the beach, there are two signs on each side of the entrance.

On the right side of the boardwalk entrance is a sign displaying things not allowed on the beach and things to be aware of.

For example, vehicles of any type, glass containers, horses, dogs, camping and fires are not allowed on the beaches. Things to be aware of are rip currents, sharp rocks,

toxic shells, stingrays, jellyfish, and discarded fishing hooks and lines.

On the left side of the entrance to the boardwalk is another sign. The sign spells out in capital letters, "NO DOGS ALLOWED ON BEACH." The sign also dictates the penalties of violating this rule.

Florida Administrative code 68A-19.005 states the policy regarding dogs on the beach.

"The beaches have been posted by our Conservation Law Enforcement Officer and tickets have been issued for violation of the federal and state regulations," said Mr. Westphal. "A

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Checkertail Salute

Staff Sgt. Antonio Bazemore



2nd Lt. Patrick Casey

Sergeant Bazemore, 325th Maintenance Squadron, received the Checkertail Salute Warrior of the Week award from Brig. Gen. Tod D. Wolters, 325th Fighter Wing commander.

Sergeant Bazemore manages and leads six supply programs as NCO in charge. Four of his personnel evaluations all received zero defects. He oversaw the largest bench stock on Tyndall, and he ensured integrity of 1,000 plus items valued at more than \$240 thousand dollars.

- Duty title:** NCO in charge of phase supply
- Hometown:** Liberty, N. Y.
- Time on station:** Four years, six months
- Time in service:** Nine years
- Hobbies:** Play and watch sports
- Goals:** To have a successful family life
- Favorite thing about Tyndall AFB:** Being near the water
- Favorite movie:** "Forrest Gump"
- Favorite book:** "To Kill a Mocking Bird" by Harper Lee
- Pet peeves:** People who always give advice, but aren't receptive to feedback
- Proudest moment in the military:** Becoming an NCO

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

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violation is a second degree misdemeanor, with fines up to \$500 dollars and/or 60 days in jail."

"For civilians, the ticket will buy you a trip to the Federal Magistrate court downtown and for military, they report to the judge advocate general's office for a United States Military Justice violation and then possibly to the Federal Magistrate Court," said Mr. Westphal.

In a "clam shell," if anyone is found on the beach with their dog, action will be taken.



Identify this ...

Can you identify this object? If so, send an e-mail to editor@tyndall.af.mil with "Identify this" in the subject line.

Three correct entries will be chosen at random and drawn from a hat to determine the final winner. The prize can be claimed at the Public Affairs office.

Airman 1st Class Matthew Mize, 325th Fighter Wing, correctly guessed the May 14 "Identify This" as a Seattle Seahawks emblem. Congratulations Airman Mize, come claim your prize!

HEAT STRESS

Heat Disorders

Here is some helpful information from the Public Health Team to keep you safe during the hot season!

Preventive Measures

Exercise these measures in order to prevent Heat Disorders from occurring.

Drink plenty of water prior to hard work.

- Drink small amounts frequently
- Don't wait until you are thirsty to drink water
- If your urine is dark yellow, drink more water

Change work schedules if possible

- Work during cooler early morning/late afternoon hours
- Initiate "work/rest cycles"

Wear appropriate clothing

- Keep clothing as clean as possible
- Wear cotton if possible
- Wear the uniform as prescribed

Salt Replacement

Your body should get the required salt through your normal diet. No additional salt should be needed.

Acclimatization

Get used to high temperatures gradually. Don't over-work yourself in temperatures that your body is not used to.