



In Brief

Cookie Drive

A cookie drive collection is scheduled from 7-9 a.m. Dec 10 at the docking bay behind the commissary. Approximately 500 dozen homemade cookies for Tyndall's dormitory Airmen are needed for the event. Send an email to tyndallcookiedrive@tyndall.com for more information.

Turkey Bowl

The Officers' Spouses Club Turkey Bowl and dessert auction is 10 a.m. Nov. 13. Interested participants must sign up no later than Nov. 9. For more information, call 271-0299.

CFC Tally

Tyndall Air Force Base Airmen donated \$204,696 in support of the 2007 Combined Federal Campaign, surpassing their goal by 10 percent and earned kudos from 325th Fighter Wing commander, Brig. Gen. Tod Wolters. During the campaign, all of Tyndall AFB's 4,600 members were contacted, 18 percent of whom donated an average \$245 per member.

AFSA 5K

Air Force Sergeant's Association members are requesting volunteers at 7:30 a.m. Nov. 17 to assist with a 5K run that will benefit Tyndall Elementary School. For more information, call 1st Lt. Patrick Wilkinson at 283-3443.



Courtesy photo

Six local teens arrange furniture to their liking in the youth center's teen room here Monday. The center recently added teens to their Friday recreation night. Recreation hours are from 3-10 p.m.

Center offers base youth more options

CHRISSEY CUTTITA
325TH FIGHTER WING PUBLIC AFFAIRS

Statistics from the The Afterschool Alliance study show the hours between 3 p.m. and 6 p.m. are peak hours for juvenile crime, and Tyndall's Youth Center is doing everything to make sure their youth are not a statistic.

Recently, the center added teens to their Friday night open recreation program hours of 3 to 9 p.m., with an additional hour just for teens from 9 to 10 p.m.. This is in addition to the operating hours of 3-7 p.m., Monday through Thursday. On Saturday, the center is open for preteens, ages 9-12, from 2 p.m. to 6 p.m., and teens from 7 p.m. to 10 p.m.

"We want to try and reach the teens right when they get out of school," said Joe McLeer, Tyndall Youth Center Director.

Last week teens decorated their new room in the center with furniture, to prepare for the grand opening is set for Nov. 14. Some of the furniture was donated by the base's Sand Dollar Inn while other items were purchased through AETC funding.

"When you are a teen you want to hang out with your own age group," said Ms. McLeer. "Their likes and dislikes, and conversations are different from younger children. A sense of belonging for all youth is our goal."

It is a self-help project creating this teen space and the teen council enjoyed making decisions about what would make the center comfortable for them. "Now we have our own T.V.," said Nick Wheeler, 17, teen council member.

"I just hope it is not just me and a few others that will come but others will join us being that we have our own separate space."

Nick and his friends helped design the space and are looking forward to splashing black paint and some colorful lighting on the walls.

"It gives them a place to hang out

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Checkertail Salute

Staff Sgt. Christopher Montville



1st Lt. Amanda Ferrell

Staff Sgt. Christopher Montville, 325th Maintenance Operations Squadron training instructor, prepares an aircraft for a training session.

Duty title: Maintenance training instructor
Hometown: Henniker, N.H.
Time on station: Three years
Time in service: 6.5 years
Hobbies: Shooting guns
Goals: To make technical sergeant this year
Favorite thing about Tyndall AFB: Its location allows for lots of good travel
Favorite movie: The Boondock Saints
Proudest moment in the military: Attaining the rank of staff sergeant

Sergeant Montville developed the F-15 "Hot pit" program. As the unit deployment manager, he managed 158 personnel mobility folders with zero defects during a mobility readiness inspection. He also teaches the F-15 weapons maintenance course.

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

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right in their neighborhood," said Ms. McLeer who stressed the importance of having a place for youth after school that they don't have to drive to.

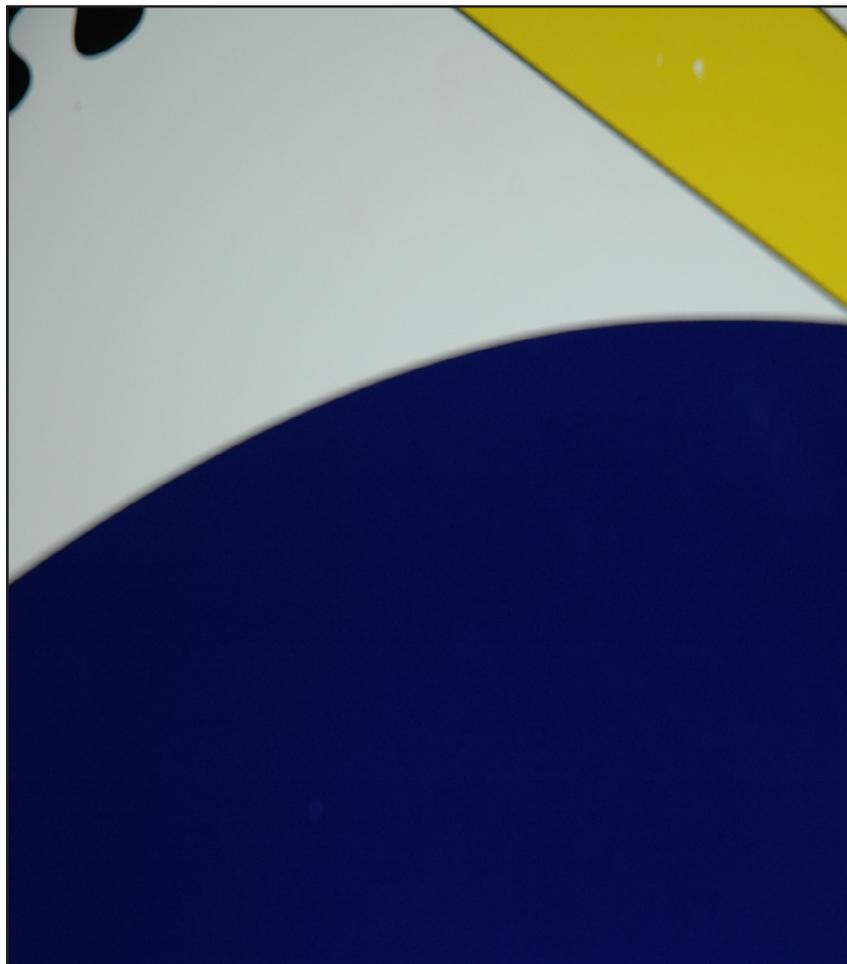
More than 14 million school age children are on their own after school. Among them are more than 40,000 kindergarteners according to The Afterschool Alliance.

Whether it is video games, pool, internet or any of the planned activities offered each day such as cooking, crafts, or physical activity, there is always something to do at the Youth Center.

"We provide a safe environment where children can foster new friendships while having fun," said Ms. McLeer. "With a fully-trained staff and modern facility, the youth center offers a lively environment that will interest kids and reassure parents."

The Youth Center's Open Recreation program membership cost \$30 a year or \$15 a quarter. Teens and staff will decide on activities to do at the recreation center so that every night has a main event like an X-box Tournament, flag football or a friendly game of pool. Food and beverages are available at the recently redecorated snack bar. There is a meal deal on Fridays for \$3 and snacks are always available for purchase.

The Youth Center's calendar is full of events. For more information call them at 283-4366 or stop by Bldg 3223.



Identify this ...

Can you identify this object?

If so, send an e-mail to editor@tyndall.af.mil with "Identify this" in the subject line.

Three correct entries will be chosen at random and drawn from a hat to determine the final winner. The prize can be claimed at the Public Affairs office.

Monique Hartson, 325th Services Squadron, correctly guessed the Nov. 5 "Identify This" as a Dell computer mouse.

FOD HAS AN UGLY FACE ON THE FLIGHTLINE



Wing CC gives tobacco users 24-hour goal

STAFF SGT. CHYENNE GRIFFIN
325TH FIGHTER WING PUBLIC AFFAIRS

Tyndall Air Force Base is being challenged by none other than the wing commander to support the Great American Smokeout by going 24 hours without a cigarette being lit, or a dip being spit.

Brig. Gen. Tod D. Wolters, 325th Fighter Wing commander, encourages all wing personnel to go tobacco-free from 2:30 p.m. Nov. 15 to 2:30 p.m. Nov. 16 to support the 31st Annual American Cancer Society's Great American Smokeout.

More than a quarter of Tyndall AFB active-duty Airmen, and a large percentage of base civilians and contractors, use tobacco products. With exactly half of the United States now enforcing smoke-free laws, and a variety of cessation resources available, there has never been a better time to quit tobacco and enjoy the health benefits.

People who quit smoking, regardless of age, live longer than people who continue to smoke and quitting smoking substantially decreases the risk of lung, laryngeal, esophageal, oral, pancreatic, bladder and cervical cancers, according to a 1990 U.S. Surgeon General report.

The Health and Wellness Center offers a series of tobacco-cessation classes to the entire Tyndall Team – all active-duty, dependents, retirees, base civilians and contractors. Individuals with Tricare are also eligible to receive a prescription for tobacco-cessation medication.

Classes offered are a series of three one-and-a-half hour sessions that address dealing effectively with withdrawal, eliminating stress, preventing weight gain, relapse and more. If desired, attendees with Tricare benefits can receive a prescription for one of the tobacco-cessation medications the

base pharmacy now carries – including the new Chantix, Zyban, and the Nicotine Transdermal System Patch.

Base members may also call the American Lung Association Quitline at 1-800-548-8252 and let the facilitator know they are from Tyndall AFB and need help quitting tobacco. The



worker will help set up a plan to quit and put a referral in to HAWC personnel for a tobacco-cessation aid prescription. Weekly calls to the support line and just two quick appointments at the HAWC are required for a prescription and subsequent refills. This option is designed for individuals unable to attend classes.

“We just want to get the word out to the entire Tyndall community about how many options are available,” said Tonya Nash, HAWC Health Education Program manager. “Tobacco-use is the leading preventable cause of premature death in the United States.”

There are also nationwide resources for those not eligible to receive Tyndall AFB-specific support, including calling the American Cancer Society's Quitline, a free telephone-based counseling program, at 1-800-227-2345, or visiting the American Cancer Society's Great American Smokeout Web site at www.cancer.org/greatamericans.

The Great American Smokeout Web site features desktop helpers, including a Quit Clock and a Craving Stopper. These tools can be downloaded to a personal computer desktop to help smokers pick a quit day, prepare for quitting, and

offer support during and after quitting.

The Great American Smokeout is part of the American Cancer Society's Great American Health Challenge, a year-round initiative that encourages Americans to adopt healthy lifestyles to reduce their risk of cancer.

This initiative is very similar to the mission of the base HAWC staff, who is there to assist any individual in making healthy lifestyle changes. In keeping with this, the HAWC is kicking off the tobacco-free activities at the 14th Annual 5K Walk/Run Turkey Trot at the fitness center track at 2:30 p.m. Nov. 15, where they will give individuals a “quit kit” to assist them through their 24-hour tobacco-free pledge.

To register for the Great American Smokeout or for more information on tobacco cessation assistance or any healthy lifestyle initiatives, call the HAWC at 283-3826.

OG/MXG host air dominance turkey

STAFF SGT. VESTA ANDERSON
325TH FIGHTER WING PUBLIC AFFAIRS

The 325th Operations Group and 325th Maintenance Group personnel will be showcasing their skill in one of the most anticipated competitions here: the 2007 Turkey Shoot, Nov. 6 through Nov. 15.

This legendary competition, which has been held at Tyndall Air Force Base for over a decade, takes on a new structure in how pilots, controllers, maintainers, and intelligence personnel conduct business throughout the contest, where one team will prove themselves as top winners in air dominance.

“This year, three Composite-Force teams will be pinned against each other,” explained Capt. Jonathan Gration, 325th Operation Support Squadron Chief of F-22 Weapons and Tactics.

According to the 325th OG commander,



1st Lt. Amanda Ferrell

Bird Bath

Airman 1st Class Randy Guijo, 2nd Aircraft Maintenance Unit crew chief, cleans the glass canopy of an F-15 Eagle before launching it for a routine training mission here.

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Col. William Mott, "The flying portion of the competition will be a composite-force competition with assets from each squadron working together to solve a tactical problem. These teams will be composed of members from different squadron flights, allowing squadron flights to compete against each other."

For example, during the live portion of the competition, the A-flight 10-man team will be comprised of two A-flight pilots pulled from the 2nd Fighter Squadron, 43rd Fighter Squadron and the 95th Fighter Squadron; two weapons controllers and a weapons technician from A-flight in the 325th Air Control Squadron; and one intelligence personnel from one of the fighter squadrons.

In addition to the composite-force teams, the competition expands to include the aircraft maintainers and the 325th ACS pilot-simulation technicians. These are the only portions of the competition where squadrons will be competing against each other.

The Turkey Shoot is two-fold; there is a simulation portion and a live flying portion. During both the simulation and the live competition, teams will manage large-force exercises where a large number of aircraft will interact in an intricate air picture of threats and targets simulating a combat environment. During simulation, each squadron will fly an offensive and defensive counter air mission. During the live portion of the competition, each composite-force team will fly one defensive counter-air mission.

The Turkey Shoot also includes a weapon and tactics training test, which all competitors must pass.

The live portion of the Turkey Shoot is slated to begin Nov. 13. The 2007 Turkey Shoot awards ceremony is scheduled for Nov. 16, where the coveted Top Gun award will be presented to the overall air-dominant pilot. Other Top Gun awards will be bestowed upon winners in the air controller, maintenance and intelligence team categories.



1st Lt. Amanda Ferrell

Study up

Airman 1st Class Randy Guijo, 2nd Aircraft Maintenance Unit crew chief, cleans the glass canopy of an F-15 Eagle before launching it for a routine training mission here. Crew chiefs are experienced maintenance experts who care for and inspect aircraft before and after sorties to ensure safe flying operations.

Operation drops turkeys on Tyndall

STAFF SGT. TIMOTHY R. CAPLING
325TH FIGHTER WING PUBLIC AFFAIRS

Tyndall Air Force Base chapel staff and first sergeant's have organized the 2007 Operation Turkey Drop to provide underprivileged families on base with holiday meals.

"This is a great opportunity to express Team Tyndall's care and concern," said Lt. Col. Douglas Hall, 325th Fighter Wing chaplain.

The Turkey Drop volunteers held a non-perishable food drive Nov. 3 at the commissary and are

scheduled to hold another 9 a.m.-4 p.m. Nov. 17. A blue drop-box is at the commissary along with a shopping-suggestion list for anyone who wishes to donate to the cause.

At 1 p.m. Nov. 18, the chapel has scheduled an assembly line to build the food boxes for each family.

"Each box is tailored to each family based on how many members they have, ages of their children and whether or not they have a baby," said Airman Wesley Sutton, 325th FW

chaplains' assistant and event coordinator. "In addition to the boxes, the chapel has been taking an offering to buy each family a turkey."

The event has been held for more than five years.

"We do it so every family at Tyndall has the opportunity to have a Thanksgiving meal," said Airman Sutton. "We want them to be able to relax, celebrate and enjoy their holiday thoroughly."

To volunteer for the program, contact any base first sergeant or Airman Sutton at 283-2925.